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## Center of Light Radio

Guest: Michael Losier

1  
00:00:29,220 --> 00:00:14,900  
[Music]

2  
00:00:44,830 --> 00:00:29,230  
[Applause]

3  
00:00:44,840 --> 00:01:04,070  
[Music]

4  
00:01:08,850 --> 00:01:06,510  
welcome to the center of light radio

5  
00:01:11,310 --> 00:01:08,860  
with spiritual teacher intuitive

6  
00:01:13,860 --> 00:01:11,320  
musician composer and best-selling

7  
00:01:16,530 --> 00:01:13,870  
author of the Divine Principle anchoring

8  
00:01:18,840 --> 00:01:16,540  
heaven on earth your host Keith Anthony

9  
00:01:20,010 --> 00:01:18,850  
Blanchard yes my name is Keith Anthony

10  
00:01:21,600 --> 00:01:20,020  
Blanchard welcome to centre of light

11  
00:01:24,570 --> 00:01:21,610  
radio sooner divine and folman and

12  
00:01:28,770 --> 00:01:24,580  
reinforcement and the Arctic is gonna

13  
00:01:30,660 --> 00:01:28,780

pay Memphis a visit yet again I am so

14

00:01:32,340 --> 00:01:30,670

not used to this cold weather I don't

15

00:01:33,900 --> 00:01:32,350

mind the cold weather with the slipping

16

00:01:36,090 --> 00:01:33,910

and sliding around on the ice and the

17

00:01:39,290 --> 00:01:36,100

snow in the interstate just not make for

18

00:01:42,029 --> 00:01:39,300

a fun experience unless you have a sled

19

00:01:43,800 --> 00:01:42,039

hey I was supposed to play music all

20

00:01:46,680 --> 00:01:43,810

week and all that got shut down which is

21

00:01:49,820 --> 00:01:46,690

okay I love a good break but so I I'm

22

00:01:52,590 --> 00:01:49,830

I'm here tonight was snuggled in a nicer

23

00:01:55,680 --> 00:01:52,600

guest house they just installed a brand

24

00:01:57,540 --> 00:01:55,690

new window heat unit so I'm toasty

25

00:02:00,330 --> 00:01:57,550

roasty I'm kind of taking advantage of

26  
00:02:02,999 --> 00:02:00,340  
the fact that I got some nice appliances

27  
00:02:05,790 --> 00:02:03,009  
in my house keeping me warm Costa goes

28  
00:02:07,139 --> 00:02:05,800  
Botibol all around the world thanks to

29  
00:02:08,430 --> 00:02:07,149  
the immortal of the Internet I am

30  
00:02:10,199 --> 00:02:08,440  
sitting in this captain's chair every

31  
00:02:11,670 --> 00:02:10,209  
Monday night 6 p.m. Eastern Time talk

32  
00:02:13,680 --> 00:02:11,680  
and you use center of light radio center

33  
00:02:16,050 --> 00:02:13,690  
of divine and filament and reinforcement

34  
00:02:18,960 --> 00:02:16,060  
strappin all my brother and sister

35  
00:02:22,140 --> 00:02:18,970  
astral nots as we launched for inner

36  
00:02:24,449 --> 00:02:22,150  
space are p.m. recognize plug in and

37  
00:02:28,790 --> 00:02:24,459  
manifest your life this is my lifelong

38  
00:02:33,210 --> 00:02:28,800

work 25 plus years I'm doing internal

39

00:02:35,220 --> 00:02:33,220

and an intensive so cleansing and

40

00:02:37,650 --> 00:02:35,230

searching this is what I come up with

41

00:02:39,120 --> 00:02:37,660

rpm recognize plug in and manifest your

42

00:02:40,680 --> 00:02:39,130

life or your spiritual seeker who's

43

00:02:42,540 --> 00:02:40,690

ready to move forward in your life if

44

00:02:43,949 --> 00:02:42,550

you're wanting to do this is a lot of

45

00:02:45,630 --> 00:02:43,959

what this program is gonna be talking

46

00:02:48,180 --> 00:02:45,640

about tonight with my guest mr. Michael

47

00:02:49,740 --> 00:02:48,190

lo GA if you wanted to shift from

48

00:02:52,410 --> 00:02:49,750

struggling it's a feeling that like this

49

00:02:54,120 --> 00:02:52,420

effortless send me at least for now - my

50

00:02:56,280 --> 00:02:54,130

guest comes on and he's going to give

51  
00:02:59,130 --> 00:02:56,290  
you an echo of what I'm telling you

52  
00:03:01,170 --> 00:02:59,140  
that's for sure send me an email to book

53  
00:03:03,330 --> 00:03:01,180  
a free session with me Keith Anthony

54  
00:03:05,820 --> 00:03:03,340  
Blanchard at gmail.com say Keith I would

55  
00:03:08,040 --> 00:03:05,830  
love my free session with you I'll show

56  
00:03:09,930 --> 00:03:08,050  
you how you can move into recognizing

57  
00:03:12,150 --> 00:03:09,940  
plugging in and manifest in your life

58  
00:03:13,890 --> 00:03:12,160  
recognizing who you are plugging into

59  
00:03:15,120 --> 00:03:13,900  
your real power in manifesting the

60  
00:03:17,370 --> 00:03:15,130  
effortless that you desire

61  
00:03:19,620 --> 00:03:17,380  
in your life infamous in abundance in

62  
00:03:21,510 --> 00:03:19,630  
relationship and to expand into your

63  
00:03:24,060 --> 00:03:21,520

spiritual journey because it's all about

64

00:03:25,710 --> 00:03:24,070

the fertile ground of the interior once

65

00:03:27,540 --> 00:03:25,720

you get that thing balanced and right

66

00:03:30,210 --> 00:03:27,550

and all together and ready to go the

67

00:03:31,800 --> 00:03:30,220

outside is just going to lay exactly

68

00:03:34,140 --> 00:03:31,810

like you wanted to without all the

69

00:03:36,510 --> 00:03:34,150

effort of its not really knowing how to

70

00:03:38,790 --> 00:03:36,520

do it how to do it is really not your

71

00:03:40,380 --> 00:03:38,800

gig it's just getting your cards right

72

00:03:42,150 --> 00:03:40,390

getting yourself right being able to

73

00:03:44,220 --> 00:03:42,160

breathe into the effortless ease that

74

00:03:45,720 --> 00:03:44,230

you really aren't your essence again

75

00:03:48,990 --> 00:03:45,730

contact me and key things to be

76  
00:03:51,480 --> 00:03:49,000  
blanchett at gmail.com and send me the

77  
00:03:54,060 --> 00:03:51,490  
the subject title of that psyche that I

78  
00:03:56,010 --> 00:03:54,070  
would like my free session go to center

79  
00:03:57,630 --> 00:03:56,020  
of light radio.com on the opening page

80  
00:04:00,240 --> 00:03:57,640  
you'll see a sign-up form fill that

81  
00:04:01,830 --> 00:04:00,250  
puppy out you'll get an ongoing use that

82  
00:04:05,130 --> 00:04:01,840  
a program which is about to start as

83  
00:04:08,610 --> 00:04:05,140  
well as bundles upon bundles that will

84  
00:04:10,860 --> 00:04:08,620  
come to you every month of all of my

85  
00:04:13,320 --> 00:04:10,870  
passwords check this out all of my past

86  
00:04:14,970 --> 00:04:13,330  
works for free over a period of time you

87  
00:04:16,800 --> 00:04:14,980  
will get all of my works I woke up one

88  
00:04:18,600 --> 00:04:16,810

morning and Spirit says Keith give the

89

00:04:20,039 --> 00:04:18,610

stuff away it doesn't belong to you you

90

00:04:21,240 --> 00:04:20,049

don't have a right to hoard it so to

91

00:04:24,270 --> 00:04:21,250

speak this is all in quotes and

92

00:04:26,760 --> 00:04:24,280

metaphors and I realize you know my

93

00:04:28,620 --> 00:04:26,770

money doesn't come from wearing for many

94

00:04:31,200 --> 00:04:28,630

years of my life I thought it came from

95

00:04:33,390 --> 00:04:31,210

it comes from being open and being able

96

00:04:35,940 --> 00:04:33,400

to give and in that giving and in that

97

00:04:40,320 --> 00:04:35,950

capacity of openness dear lord I've seen

98

00:04:43,950 --> 00:04:40,330

exchange in such a small amount of time

99

00:04:46,830 --> 00:04:43,960

I got some sad news I did speak to my

100

00:04:49,200 --> 00:04:46,840

alien-human hybrid friend nucleus 18

101  
00:04:51,630 --> 00:04:49,210  
said Keith because of my position on the

102  
00:04:53,460 --> 00:04:51,640  
station 27,000 light-years away in

103  
00:04:56,040 --> 00:04:53,470  
another dimension he is head of security

104  
00:04:58,440 --> 00:04:56,050  
in this quadrant of our galaxy he said I

105  
00:05:02,670 --> 00:04:58,450  
would love to attend your broadcast but

106  
00:05:05,010 --> 00:05:02,680  
I just cannot do that so maybe next week

107  
00:05:07,440 --> 00:05:05,020  
I'll get into some dialogue a little

108  
00:05:11,400 --> 00:05:07,450  
more about the would he and I spoke

109  
00:05:13,800 --> 00:05:11,410  
about recently let me introduce you my

110  
00:05:16,050 --> 00:05:13,810  
guest for tonight so it's time to get

111  
00:05:18,630 --> 00:05:16,060  
down the singer of light radio business

112  
00:05:21,720 --> 00:05:18,640  
tonight my guest is mr. michael lizi a

113  
00:05:25,469 --> 00:05:21,730

what everyone ought to know about the

114

00:05:27,110 --> 00:05:25,479

law of attraction Mike caught the

115

00:05:29,240 --> 00:05:27,120

attention of Oprah Winfrey

116

00:05:32,600 --> 00:05:29,250

who interviewed him four times on her

117

00:05:35,300 --> 00:05:32,610

Soul series radio show on Sirius Sirius

118

00:05:39,710 --> 00:05:35,310

XM satellite radio Michael went on to

119

00:05:42,350 --> 00:05:39,720

enjoy a long excuse me a year long run

120

00:05:44,659 --> 00:05:42,360

hosting his own radio show on Oprah and

121

00:05:47,060 --> 00:05:44,669

Friends radio called Michael's upcoming

122

00:05:48,439 --> 00:05:47,070

third book excuse me I'm crossing lines

123

00:05:51,560 --> 00:05:48,449

here where are my glasses

124

00:05:53,650 --> 00:05:51,570

Oprah and Friends radio Michael's

125

00:05:57,439 --> 00:05:53,660

upcoming third book your life's purpose

126

00:06:00,219 --> 00:05:57,449

uncover what really fulfills you helps

127

00:06:02,870 --> 00:06:00,229

the reader and student get more clarity

128

00:06:04,520 --> 00:06:02,880

important I love the idea of clarity

129

00:06:07,580 --> 00:06:04,530

more clarity about their life's purpose

130

00:06:10,430 --> 00:06:07,590

and most importantly what they need to

131

00:06:12,950 --> 00:06:10,440

be experiencing to live their life's

132

00:06:16,400 --> 00:06:12,960

purpose his YouTube videos have millions

133

00:06:18,140 --> 00:06:16,410

of views and his new lively weekly

134

00:06:20,750 --> 00:06:18,150

internet show hang out with Michael

135

00:06:22,850 --> 00:06:20,760

allows him to connect with fans of law

136

00:06:24,830 --> 00:06:22,860

and attraction in an exciting way you

137

00:06:32,260 --> 00:06:24,840

can find more about my guest tonight at

138

00:06:34,820 --> 00:06:32,270

WWE Michael mi CH AE L lo CA ll s e ir

139

00:06:36,020 --> 00:06:34,830

dot-com welcome to centre of light radio

140

00:06:38,480 --> 00:06:36,030

mr. Michael dossier

141

00:06:39,790 --> 00:06:38,490

hello Keith and welcome to our friends

142

00:06:42,440 --> 00:06:39,800

listening tonight

143

00:06:43,640 --> 00:06:42,450

thank you sir let's get right let's get

144

00:06:44,719 --> 00:06:43,650

right down to business let's just dive

145

00:06:47,990 --> 00:06:44,729

off the diving board

146

00:06:49,339 --> 00:06:48,000

tell us about get us started what we all

147

00:06:51,830 --> 00:06:49,349

need to know about the law of attraction

148

00:06:54,920 --> 00:06:51,840

as opposed to all the other stuff we

149

00:06:57,320 --> 00:06:54,930

heard about yes well you know the law of

150

00:07:00,710 --> 00:06:57,330

attraction is already on you don't have

151  
00:07:02,120 --> 00:07:00,720  
to turn it on people say oh I attract us

152  
00:07:05,210 --> 00:07:02,130  
something last week as a law of

153  
00:07:06,860 --> 00:07:05,220  
attraction it's on right now and even if

154  
00:07:08,270 --> 00:07:06,870  
you don't understand it or believe it

155  
00:07:10,730 --> 00:07:08,280  
law of attractions already you're

156  
00:07:13,129 --> 00:07:10,740  
already experiencing it if you've ever

157  
00:07:16,460 --> 00:07:13,139  
used the word coincidence or serendipity

158  
00:07:18,680 --> 00:07:16,470  
or synchronicity or fate or karma or

159  
00:07:20,360 --> 00:07:18,690  
everything was meant to be or everything

160  
00:07:22,610 --> 00:07:20,370  
fell into place if you've ever used one

161  
00:07:24,860 --> 00:07:22,620  
of those expressions you're describing

162  
00:07:27,469 --> 00:07:24,870  
evidence of law of attraction so when

163  
00:07:29,330 --> 00:07:27,479

you say hey this is such a coincidence I

164

00:07:31,520 --> 00:07:29,340

was just thinking of what you that was

165

00:07:34,120 --> 00:07:31,530

evidence or everything falls into place

166

00:07:36,469 --> 00:07:34,130

that was evidence so you're already

167

00:07:38,600 --> 00:07:36,479

experiencing it the name law of

168

00:07:40,340 --> 00:07:38,610

attraction maybe not to your audience

169

00:07:43,640 --> 00:07:40,350

but might be new to some people

170

00:07:46,670 --> 00:07:43,650

but the experience isn't so my point is

171

00:07:48,920 --> 00:07:46,680

it's already on and it being law of

172

00:07:50,870 --> 00:07:48,930

attraction and what people need to know

173

00:07:53,960 --> 00:07:50,880

is that law of attraction with all due

174

00:07:56,600 --> 00:07:53,970

respect isn't very smart but it is

175

00:07:58,550 --> 00:07:56,610

obedient you see the two-word job

176

00:08:01,040 --> 00:07:58,560

description for law of attraction is

177

00:08:02,450 --> 00:08:01,050

match vibrations whether they're

178

00:08:04,280 --> 00:08:02,460

negative or positive

179

00:08:05,540 --> 00:08:04,290

you see law of attraction doesn't know

180

00:08:07,520 --> 00:08:05,550

it's something that you want or don't

181

00:08:09,290 --> 00:08:07,530

want or something that's negative or

182

00:08:11,870 --> 00:08:09,300

positive or something that's good for

183

00:08:15,020 --> 00:08:11,880

you or bad for you it's not a decider

184

00:08:17,120 --> 00:08:15,030

it's a matcher and right now with it

185

00:08:19,580 --> 00:08:17,130

being law of attraction is eavesdropping

186

00:08:21,200 --> 00:08:19,590

on the vibes that you're sending and the

187

00:08:22,640 --> 00:08:21,210

vibes that you're Cine are coming from

188

00:08:24,170 --> 00:08:22,650

your thoughts and they're coming from

189

00:08:26,390 --> 00:08:24,180

your words and it's coming from the

190

00:08:29,240 --> 00:08:26,400

vibes that you're sending and right now

191

00:08:30,830 --> 00:08:29,250

you cannot not be sending a vibe even if

192

00:08:33,070 --> 00:08:30,840

you don't think you are all of us have a

193

00:08:35,540 --> 00:08:33,080

vibe going on and Law of Attraction

194

00:08:37,850 --> 00:08:35,550

eavesdropping and it's unfolding and

195

00:08:41,779 --> 00:08:37,860

orchestrating to match that vibe

196

00:08:43,969 --> 00:08:41,789

whether negative or positive I love the

197

00:08:47,480 --> 00:08:43,979

way you said that Michael I I go about

198

00:08:50,330 --> 00:08:47,490

the same thing said differently that we

199

00:08:52,130 --> 00:08:50,340

live our whole lives in prayer every day

200

00:08:54,800 --> 00:08:52,140

we are in prayer open eye prayer close

201  
00:08:57,530 --> 00:08:54,810  
like where everything we do is we're

202  
00:08:59,150 --> 00:08:57,540  
walking around supplicating to the

203  
00:09:00,620 --> 00:08:59,160  
universe and this is really i'm most

204  
00:09:03,920 --> 00:09:00,630  
people think that the universal language

205  
00:09:05,240 --> 00:09:03,930  
is english it's it's vibration and i

206  
00:09:08,060 --> 00:09:05,250  
love the idea that you brought to the

207  
00:09:10,400 --> 00:09:08,070  
light that it's always engaged it's not

208  
00:09:13,040 --> 00:09:10,410  
a something that you need to turn on

209  
00:09:17,030 --> 00:09:13,050  
it's already turned on so what do we

210  
00:09:18,920 --> 00:09:17,040  
need to do turn in and tune in well

211  
00:09:20,660 --> 00:09:18,930  
here's what happens the words that we

212  
00:09:22,730 --> 00:09:20,670  
use for them the thoughts what we think

213  
00:09:24,680 --> 00:09:22,740

and when we think about anything it

214

00:09:28,130 --> 00:09:24,690

causes us to send the vibration of what

215

00:09:30,470 --> 00:09:28,140

we give attention to so right now I like

216

00:09:32,900 --> 00:09:30,480

I said Laura tracked is responding to

217

00:09:34,940 --> 00:09:32,910

the vibe if you can imagine that we have

218

00:09:37,190 --> 00:09:34,950

a bubble around us in my book I call it

219

00:09:39,350 --> 00:09:37,200

the vibrational bubble and Law of

220

00:09:42,050 --> 00:09:39,360

Attraction is checking inside your

221

00:09:44,150 --> 00:09:42,060

vibrational bubble it's responding to

222

00:09:46,760 --> 00:09:44,160

the vibe that's in there by giving you

223

00:09:48,110 --> 00:09:46,770

more of the same so if you're curious

224

00:09:50,750 --> 00:09:48,120

and you want to know the vibe that

225

00:09:52,660 --> 00:09:50,760

you're sending about anything go to that

226

00:09:54,970 --> 00:09:52,670

area and take a look at you're getting

227

00:09:56,770 --> 00:09:54,980

a perfect match you want to know the

228

00:09:59,080 --> 00:09:56,780

vibe you're sending about money open

229

00:10:00,460 --> 00:09:59,090

your wallet you want to know the vibe

230

00:10:01,870 --> 00:10:00,470

you're sending about attracting you

231

00:10:04,960 --> 00:10:01,880

denied your relationship well how's that

232

00:10:06,730 --> 00:10:04,970

working for you I want to stress it the

233

00:10:08,950 --> 00:10:06,740

law of attraction isn't smart its

234

00:10:10,960 --> 00:10:08,960

obedient it doesn't know what's good or

235

00:10:13,270 --> 00:10:10,970

bad for you it doesn't know whether it's

236

00:10:14,860 --> 00:10:13,280

healthy or not healthy it's unfolding

237

00:10:17,380 --> 00:10:14,870

and orchestrating the vibe that you're

238

00:10:19,420 --> 00:10:17,390

sending I hear people say oh the

239

00:10:21,640 --> 00:10:19,430

universe is testing me the universe

240

00:10:24,370 --> 00:10:21,650

isn't testing anybody it's matching your

241

00:10:27,340 --> 00:10:24,380

vibration it's not prejudiced it doesn't

242

00:10:30,370 --> 00:10:27,350

have favoritism it is obedient in short

243

00:10:32,740 --> 00:10:30,380

if you've attracted something you've had

244

00:10:35,470 --> 00:10:32,750

to have sent the vibration that created

245

00:10:37,720 --> 00:10:35,480

it and most of our vibration comes from

246

00:10:40,000 --> 00:10:37,730

the words were using and also by what

247

00:10:41,230 --> 00:10:40,010

we're observing you see law of

248

00:10:44,020 --> 00:10:41,240

attraction doesn't know if you're

249

00:10:46,630 --> 00:10:44,030

reading it writing it observing it with

250

00:10:48,460 --> 00:10:46,640

your eyes or ears or your remembering or

251

00:10:50,860 --> 00:10:48,470

giving it attention or pretending or

252

00:10:53,560 --> 00:10:50,870

daydreaming it's responding to how you

253

00:10:55,360 --> 00:10:53,570

feel about all those things it's

254

00:10:56,320 --> 00:10:55,370

responding to how you feel about what

255

00:10:59,770 --> 00:10:56,330

you're remembering what you're

256

00:11:01,540 --> 00:10:59,780

pretending what you're envisioning so we

257

00:11:03,460 --> 00:11:01,550

need to be more deliberate about what

258

00:11:05,380 --> 00:11:03,470

we're including in our vibrational

259

00:11:07,720 --> 00:11:05,390

bubble what are we giving attention

260

00:11:10,810 --> 00:11:07,730

energy focus to something that we like

261

00:11:12,550 --> 00:11:10,820

or something that we don't like so would

262

00:11:13,930 --> 00:11:12,560

you say that it's more of an idea or

263

00:11:15,820 --> 00:11:13,940

it's an the idea that we need to get

264

00:11:17,920 --> 00:11:15,830

honest with ourselves when we look in

265

00:11:20,080 --> 00:11:17,930

that wallet and it's bear and there's

266

00:11:21,640 --> 00:11:20,090

spider with pink cobwebs and the

267

00:11:25,210 --> 00:11:21,650

cupboards bare and every aspect of life

268

00:11:27,370 --> 00:11:25,220

whatever it is we're wanting when we get

269

00:11:30,280 --> 00:11:27,380

real about the idea we become more of a

270

00:11:32,200 --> 00:11:30,290

conscious participant of being able to

271

00:11:34,450 --> 00:11:32,210

change it or to increase or decrease

272

00:11:36,910 --> 00:11:34,460

certain aspects of what it is we're

273

00:11:38,170 --> 00:11:36,920

saying that we want well exactly you

274

00:11:40,270 --> 00:11:38,180

think there's only one thing we can

275

00:11:42,850 --> 00:11:40,280

control on our whole lives and that's

276

00:11:45,580 --> 00:11:42,860

our vibration we can't control anything

277

00:11:47,140 --> 00:11:45,590

but we can control our vibration and we

278

00:11:50,710 --> 00:11:47,150

control that by what we're giving

279

00:11:52,600 --> 00:11:50,720

attention energy and focus to so you

280

00:11:56,530 --> 00:11:52,610

know Law of Attraction isn't doing it to

281

00:11:58,390 --> 00:11:56,540

us or for us it's responding to us it's

282

00:12:00,010 --> 00:11:58,400

not like oh you know the universe

283

00:12:01,260 --> 00:12:00,020

doesn't like me the universe doesn't

284

00:12:04,610 --> 00:12:01,270

even know who you are

285

00:12:07,130 --> 00:12:04,620

acceptance responded to the vibration

286

00:12:08,930 --> 00:12:07,140

so we need to be very deliberate you

287

00:12:12,140 --> 00:12:08,940

know in my book I teach people how to

288

00:12:15,350 --> 00:12:12,150

reset your vibes and when you reset your

289

00:12:17,480 --> 00:12:15,360

vibe you reset your results you see all

290

00:12:19,610 --> 00:12:17,490

of your results are coming from the vibe

291

00:12:21,320 --> 00:12:19,620

that you're sending and the vibe that

292

00:12:23,180 --> 00:12:21,330

you're sending is coming from what

293

00:12:26,090 --> 00:12:23,190

you're saying and observing which is

294

00:12:27,680 --> 00:12:26,100

coming from the words you use so when

295

00:12:30,620 --> 00:12:27,690

you notice something that you don't like

296

00:12:32,240 --> 00:12:30,630

it that meant you attracted it because

297

00:12:34,160 --> 00:12:32,250

you were sending the vibration and

298

00:12:36,320 --> 00:12:34,170

people say well I didn't put it on my

299

00:12:39,680 --> 00:12:36,330

bathroom mirror that I want to attract

300

00:12:41,060 --> 00:12:39,690

clients at cancel or I didn't put it on

301

00:12:42,620 --> 00:12:41,070

my bathroom mirror I want to attract

302

00:12:44,450 --> 00:12:42,630

boyfriends or girlfriends that cheat on

303

00:12:47,120 --> 00:12:44,460

me or don't have any money I said no you

304

00:12:49,490 --> 00:12:47,130

don't do that deliberately but it's what

305

00:12:52,250 --> 00:12:49,500

you're saying you know there's three

306

00:12:55,190 --> 00:12:52,260

words on your vocab our vocabulary that

307

00:12:57,800 --> 00:12:55,200

when we use these words it's causing us

308

00:12:59,990 --> 00:12:57,810

to attract negative things but the

309

00:13:02,870 --> 00:13:00,000

challenge is we use these words at least

310

00:13:05,120 --> 00:13:02,880

not we most people use them a hundred

311

00:13:06,640 --> 00:13:05,130

times before noon and they wonder why

312

00:13:09,710 --> 00:13:06,650

their life sucks

313

00:13:11,240 --> 00:13:09,720

here's the three words well first I want

314

00:13:13,460 --> 00:13:11,250

to remind you of the definition Law of

315

00:13:15,410 --> 00:13:13,470

Attraction states whatever I give my

316

00:13:17,980 --> 00:13:15,420

attention energy and focus to I'll get

317

00:13:20,300 --> 00:13:17,990

more of it whether negative or positive

318

00:13:22,820 --> 00:13:20,310

double underline the word negative I'll

319

00:13:24,860 --> 00:13:22,830

say it again I attract to my life and

320

00:13:27,500 --> 00:13:24,870

business whatever I give my attention

321

00:13:29,780 --> 00:13:27,510

energy and focus to whether negative or

322

00:13:32,810 --> 00:13:29,790

positive so here's what happens here's

323

00:13:35,390 --> 00:13:32,820

the three words whenever I use the word

324

00:13:37,190 --> 00:13:35,400

don't not and no I just brought

325

00:13:39,860 --> 00:13:37,200

attention to what I didn't want to bring

326

00:13:42,350 --> 00:13:39,870

attention to and as I bring attention to

327

00:13:45,350 --> 00:13:42,360

anything whether wanted or unwanted it

328

00:13:47,060 --> 00:13:45,360

causes me to send the vibration and when

329

00:13:48,620 --> 00:13:47,070

I send the vibration the law of

330

00:13:51,730 --> 00:13:48,630

attraction checks its own job

331

00:13:54,860 --> 00:13:51,740

description and it reads two words match

332

00:13:56,120 --> 00:13:54,870

vibrations you see law of attraction

333

00:13:59,720 --> 00:13:56,130

isn't a decider

334

00:14:02,240 --> 00:13:59,730

it's a matcher so when I say I don't

335

00:14:04,460 --> 00:14:02,250

want my clients to cancel

336

00:14:07,280 --> 00:14:04,470

I just gave attention to canceling

337

00:14:08,750 --> 00:14:07,290

clients I don't want this to be

338

00:14:09,530 --> 00:14:08,760

difficult oh you don't know what I'm

339

00:14:11,600 --> 00:14:09,540

talking about

340

00:14:14,840 --> 00:14:11,610

go to google and type in know football

341

00:14:16,940 --> 00:14:14,850

and see what shows up see Google strips

342

00:14:17,540 --> 00:14:16,950

the way the words don't not and no and

343

00:14:21,259 --> 00:14:17,550

it

344

00:14:24,050 --> 00:14:21,269

you what you said you didn't want so

345

00:14:25,880 --> 00:14:24,060

Google is like vibrational I mean live

346

00:14:28,460 --> 00:14:25,890

attractions like vibrational Google

347

00:14:30,680 --> 00:14:28,470

whatever you input in your words is what

348

00:14:32,180 --> 00:14:30,690

you attract so if i go to google and

349

00:14:36,319 --> 00:14:32,190

type in no pizza

350

00:14:38,509 --> 00:14:36,329

i'll get all the websites with pizza if

351

00:14:41,090 --> 00:14:38,519

i type in no football i'll get football

352

00:14:42,800 --> 00:14:41,100

so google brings you more of what you

353

00:14:44,269 --> 00:14:42,810

said you didn't want or what you did

354

00:14:46,940 --> 00:14:44,279

want because it strips the way the words

355

00:14:48,829 --> 00:14:46,950

you don't not and no law of attraction

356

00:14:50,480 --> 00:14:48,839

is the same thing when you complain

357

00:14:51,920 --> 00:14:50,490

about what you don't want law of

358

00:14:53,750 --> 00:14:51,930

attraction doesn't know whether you want

359

00:14:55,610 --> 00:14:53,760

it or don't want it it's what you gave

360

00:14:58,880 --> 00:14:55,620

attention to and that was that's what

361

00:15:00,920 --> 00:14:58,890

you manifest remember if you attracted

362

00:15:03,620 --> 00:15:00,930

it you have had to have sent the

363

00:15:05,690 --> 00:15:03,630

vibration that created it and i didn't

364

00:15:07,940 --> 00:15:05,700

create the law I'm just teaching it I

365

00:15:10,430 --> 00:15:07,950

wish I wish the law of attractions law

366

00:15:12,290 --> 00:15:10,440

was only attract positive things but

367

00:15:14,630 --> 00:15:12,300

that's not the law that's why it's

368

00:15:17,000 --> 00:15:14,640

called the law it's a rule and the rule

369

00:15:19,430 --> 00:15:17,010

is you attract negative or positive

370

00:15:22,040 --> 00:15:19,440

depending on what the vibration was you

371

00:15:24,470 --> 00:15:22,050

were sending Michael there are three

372

00:15:26,569 --> 00:15:24,480

tenets I use often when I do broadcast

373

00:15:28,400 --> 00:15:26,579

or presentations and the first one is

374

00:15:30,319 --> 00:15:28,410

the truth does not eating one's

375

00:15:31,610 --> 00:15:30,329

permission to exist the second one is to

376

00:15:33,350 --> 00:15:31,620

get out of the fight fighting with

377

00:15:35,000 --> 00:15:33,360

politics fighting with racism fighting

378

00:15:36,889 --> 00:15:35,010

with terrorism fighting that's all just

379

00:15:38,510 --> 00:15:36,899

an internal bickering and the third one

380

00:15:40,430 --> 00:15:38,520

is one of the we'd award of the plan and

381

00:15:42,410 --> 00:15:40,440

it's exactly what you're describing here

382

00:15:44,510 --> 00:15:42,420

sir for example if someone is hanging

383

00:15:46,760 --> 00:15:44,520

around dramatic people people are just

384

00:15:48,590 --> 00:15:46,770

not fun to be around and I applaud the

385

00:15:51,050 --> 00:15:48,600

efforts to want to make a life shift by

386

00:15:53,600 --> 00:15:51,060

saying I no longer choose to be around

387

00:15:56,120 --> 00:15:53,610

said bunch of people but what that is

388

00:15:58,670 --> 00:15:56,130

doing that is pouring water on the weed

389

00:16:01,760 --> 00:15:58,680

so what instead of I no longer choose to

390

00:16:04,189 --> 00:16:01,770

be around these people instead I this is

391

00:16:06,829 --> 00:16:04,199

what I now choose the the the what

392

00:16:08,780 --> 00:16:06,839

you're really really wanting so in the

393

00:16:10,610 --> 00:16:08,790

efforting of not wanting to be around

394

00:16:14,030 --> 00:16:10,620

those people you are literally creating

395

00:16:15,800 --> 00:16:14,040

more of the sad dynamic yes yes well see

396

00:16:20,000 --> 00:16:15,810

here's the deal we need to become more

397

00:16:22,430 --> 00:16:20,010

selfish and selfish means self-care we

398

00:16:25,069 --> 00:16:22,440

need to care about ourselves so much so

399

00:16:27,470 --> 00:16:25,079

that we are so careful about what we

400

00:16:30,489 --> 00:16:27,480

clued in our vibration and so that's

401  
00:16:32,799 --> 00:16:30,499  
what selfish selfish equals self care

402  
00:16:34,449 --> 00:16:32,809  
you gotta watch what you watch you got

403  
00:16:36,339 --> 00:16:34,459  
to watch what you talk about you got to

404  
00:16:38,859 --> 00:16:36,349  
watch what you observe you got to watch

405  
00:16:41,589 --> 00:16:38,869  
who year round we only have one job and

406  
00:16:44,229 --> 00:16:41,599  
that job is to mind and protect your

407  
00:16:46,299 --> 00:16:44,239  
vibration you see if you can think of

408  
00:16:48,909 --> 00:16:46,309  
your vibration on a radio dial that goes

409  
00:16:51,159 --> 00:16:48,919  
from zero to 100 and 100 being the

410  
00:16:52,719 --> 00:16:51,169  
highest on the dial and when your

411  
00:16:55,809 --> 00:16:52,729  
vibration is on a hundred that means

412  
00:16:57,479 --> 00:16:55,819  
it's pure positive high vibration you

413  
00:16:59,229 --> 00:16:57,489

know how fast you can attract things

414

00:17:01,959 --> 00:16:59,239

super fast

415

00:17:05,199 --> 00:17:01,969

you know what slows down manifestation

416

00:17:07,090 --> 00:17:05,209

is negative vibration and the best way

417

00:17:07,899 --> 00:17:07,100

to become more positive is to become

418

00:17:10,360 --> 00:17:07,909

less negative

419

00:17:12,220 --> 00:17:10,370

you see people say how do I become more

420

00:17:14,409 --> 00:17:12,230

positive you don't you don't have to do

421

00:17:16,990 --> 00:17:14,419

anything to become more positive it's

422

00:17:19,629 --> 00:17:17,000

your natural state what you do need to

423

00:17:21,970 --> 00:17:19,639

do is to remove all the elements that

424

00:17:24,789 --> 00:17:21,980

are slowing down your vibration that's

425

00:17:26,230 --> 00:17:24,799

people that's news that's close that

426

00:17:28,090 --> 00:17:26,240

don't feel good that's things you don't

427

00:17:30,759 --> 00:17:28,100

like about anything if you're a

428

00:17:32,830 --> 00:17:30,769

vibrational meter reader and oh what's

429

00:17:35,289 --> 00:17:32,840

that well we all have one

430

00:17:37,119 --> 00:17:35,299

we all have an internal vibrational

431

00:17:39,549 --> 00:17:37,129

meter reader it's called your feelings

432

00:17:41,590 --> 00:17:39,559

your feelings are the indicator whether

433

00:17:43,840 --> 00:17:41,600

it's strong on the dot or not strong on

434

00:17:47,100 --> 00:17:43,850

the dial you need to be selfish enough

435

00:17:49,720 --> 00:17:47,110

all you include stuff that feels good

436

00:17:51,369 --> 00:17:49,730

that's your only job is to mind your

437

00:17:53,529 --> 00:17:51,379

vibration because when you're on a

438

00:17:56,529 --> 00:17:53,539

hundred you can attract things fast and

439

00:17:58,389 --> 00:17:56,539

when you're on a lower vibration you can

440

00:18:04,269 --> 00:17:58,399

attract things fast but it's going to

441

00:18:07,869 --> 00:18:04,279

match your vibration so this is how we

442

00:18:10,210 --> 00:18:07,879

reset we go into feeling and you know

443

00:18:11,529 --> 00:18:10,220

the abraham-hicks work is you know when

444

00:18:13,090 --> 00:18:11,539

you want to manifest something in your

445

00:18:15,009 --> 00:18:13,100

life if you're not feeling good through

446

00:18:16,299 --> 00:18:15,019

at some point throughout your day pull

447

00:18:17,859 --> 00:18:16,309

out a picture of someone you love

448

00:18:20,320 --> 00:18:17,869

someone that makes you feel warm and

449

00:18:22,810 --> 00:18:20,330

awesome inside put a piece of music that

450

00:18:25,180 --> 00:18:22,820

moves you to get you back into alignment

451  
00:18:28,570 --> 00:18:25,190  
is this the idea of how we go back into

452  
00:18:31,499 --> 00:18:28,580  
a state of reset well not for me it's

453  
00:18:33,940 --> 00:18:31,509  
doesn't is all that does is mask it

454  
00:18:36,490 --> 00:18:33,950  
looking at happy pictures of puppies and

455  
00:18:39,129 --> 00:18:36,500  
babies does not help me reset the

456  
00:18:41,639 --> 00:18:39,139  
negative thought it helps me divert from

457  
00:18:44,050 --> 00:18:41,649  
it but it doesn't help me reset it so

458  
00:18:45,700 --> 00:18:44,060  
you know how when a piece of equipment

459  
00:18:47,710 --> 00:18:45,710  
down in our house and we see the red

460  
00:18:51,310 --> 00:18:47,720  
reset button don't we feel relief over

461  
00:18:53,410 --> 00:18:51,320  
that we got a reset button and we know

462  
00:18:55,420 --> 00:18:53,420  
if we press that reset button we can

463  
00:18:57,400 --> 00:18:55,430

reset the but with the dial or we can

464

00:19:00,340 --> 00:18:57,410

reset the computer or the piece of

465

00:19:03,100 --> 00:19:00,350

machinery well we also have a reset

466

00:19:05,380 --> 00:19:03,110

button so here's what happens whenever I

467

00:19:09,490 --> 00:19:05,390

use the word don't not and no in that

468

00:19:12,280 --> 00:19:09,500

very moment I want to reset my words so

469

00:19:16,050 --> 00:19:12,290

here's the here's the reset button so

470

00:19:18,910 --> 00:19:16,060

what do I want so here's the sentence oh

471

00:19:21,700 --> 00:19:18,920

don't spill your milk see what I just

472

00:19:22,540 --> 00:19:21,710

gave attention to milk spilling so what

473

00:19:25,450 --> 00:19:22,550

do I want

474

00:19:27,430 --> 00:19:25,460

drink your milk carefully don't forget

475

00:19:30,850 --> 00:19:27,440

oh I just said don't forget what do I

476

00:19:35,220 --> 00:19:30,860

want remember how many people send an

477

00:19:39,100 --> 00:19:35,230

email don't hesitate to contact me Oh

478

00:19:41,920 --> 00:19:39,110

what do I want contact you soon this is

479

00:19:44,140 --> 00:19:41,930

my favorite one this is not a scam oh

480

00:19:47,470 --> 00:19:44,150

really I didn't think it was until you

481

00:19:49,570 --> 00:19:47,480

brought it up so every time you use the

482

00:19:52,030 --> 00:19:49,580

word don't not a no you have to reset

483

00:19:54,040 --> 00:19:52,040

your words and when you reset your words

484

00:19:55,960 --> 00:19:54,050

you reset your thoughts and when you

485

00:19:58,390 --> 00:19:55,970

reset your thoughts you reset the vibe

486

00:20:00,940 --> 00:19:58,400

and when you reset the vibe you reset

487

00:20:02,710 --> 00:20:00,950

the results and the only way to get a

488

00:20:05,050 --> 00:20:02,720

different result is to send a different

489

00:20:06,730 --> 00:20:05,060

vibration and the best way to set a

490

00:20:08,710 --> 00:20:06,740

different vibration is to change your

491

00:20:10,810 --> 00:20:08,720

thoughts and the best way to change your

492

00:20:13,510 --> 00:20:10,820

thoughts is to change the words I'll

493

00:20:15,400 --> 00:20:13,520

summarize all this again whenever you

494

00:20:18,250 --> 00:20:15,410

use the word don't not and no catch

495

00:20:20,470 --> 00:20:18,260

yourself and say so what do I want and

496

00:20:22,600 --> 00:20:20,480

when you go for what you don't want to

497

00:20:24,460 --> 00:20:22,610

what you do want the words change and

498

00:20:26,260 --> 00:20:24,470

when the words change the thoughts

499

00:20:28,390 --> 00:20:26,270

change when the thoughts change the

500

00:20:30,970 --> 00:20:28,400

vibes change and when the vibe change

501  
00:20:33,220 --> 00:20:30,980  
the results change and the best news of

502  
00:20:36,070 --> 00:20:33,230  
all you can only have one vibration at a

503  
00:20:38,470 --> 00:20:36,080  
time that's how you reset your results

504  
00:20:40,870 --> 00:20:38,480  
so thinking about happy babies and happy

505  
00:20:43,750 --> 00:20:40,880  
puppies only temporarily helps you shift

506  
00:20:45,160 --> 00:20:43,760  
your vibration but it doesn't reset what

507  
00:20:46,600 --> 00:20:45,170  
you were giving attention to because

508  
00:20:50,230 --> 00:20:46,610  
you'll quickly go back and think about

509  
00:20:52,030 --> 00:20:50,240  
that so here's my hunch over the next

510  
00:20:54,010 --> 00:20:52,040  
couple days or earlier people are gonna

511  
00:20:56,710 --> 00:20:54,020  
go to use the word don't not to know but

512  
00:20:57,760 --> 00:20:56,720  
when they do they cannot not hear my

513  
00:20:59,830 --> 00:20:57,770

voice say so

514

00:21:02,140 --> 00:20:59,840

what do you want matter of fact they'll

515

00:21:03,970 --> 00:21:02,150

go to type the word don't not and no and

516

00:21:07,660 --> 00:21:03,980

they'll automatically backspace to

517

00:21:09,550 --> 00:21:07,670

delete if I say so what do I want every

518

00:21:11,650 --> 00:21:09,560

sentence in the whole world that uses

519

00:21:13,960 --> 00:21:11,660

the word don't not a no can be reframed

520

00:21:16,210 --> 00:21:13,970

even the sign that says don't park here

521

00:21:19,030 --> 00:21:16,220

could say Park over there

522

00:21:22,210 --> 00:21:19,040

don't use this door could say use the

523

00:21:24,430 --> 00:21:22,220

other door every sentence that uses the

524

00:21:27,340 --> 00:21:24,440

word don't not a no can be reframed in

525

00:21:30,910 --> 00:21:27,350

re language simply by saying so what do

526

00:21:32,560 --> 00:21:30,920

I want now there's a lot of NLP here

527

00:21:35,920 --> 00:21:32,570

which is near a linguistic programming

528

00:21:37,120 --> 00:21:35,930

and this particular NLP strategy is

529

00:21:39,670 --> 00:21:37,130

called reframing

530

00:21:42,000 --> 00:21:39,680

so I'm reframing the experience by

531

00:21:45,280 --> 00:21:42,010

saying so what do I want

532

00:21:47,710 --> 00:21:45,290

and particularly parents don't forget

533

00:21:50,200 --> 00:21:47,720

your homework what do I want remember

534

00:21:52,360 --> 00:21:50,210

your homework don't beat up your brother

535

00:21:52,930 --> 00:21:52,370

what do I want play nice with your

536

00:21:55,090 --> 00:21:52,940

brother

537

00:21:57,610 --> 00:21:55,100

don't pack don't talk back to your

538

00:22:00,640 --> 00:21:57,620

mother what do you want speak nice to

539

00:22:02,260 --> 00:22:00,650

your mother it's a train behavior you

540

00:22:05,950 --> 00:22:02,270

see my job today is to brainwash

541

00:22:07,780 --> 00:22:05,960

everybody it's to wash their brains of

542

00:22:10,390 --> 00:22:07,790

the three words that are serving them

543

00:22:12,880 --> 00:22:10,400

and when you reduce and eliminate the

544

00:22:15,130 --> 00:22:12,890

words don't not and no you reduce and

545

00:22:16,360 --> 00:22:15,140

eliminate negative attraction and when

546

00:22:18,550 --> 00:22:16,370

you reduce and eliminate negative

547

00:22:20,560 --> 00:22:18,560

traction you increase your positive

548

00:22:22,540 --> 00:22:20,570

attraction and when you increase your

549

00:22:24,670 --> 00:22:22,550

positive attraction you go higher on the

550

00:22:26,830 --> 00:22:24,680

dial and when your higher on the dial

551  
00:22:29,290 --> 00:22:26,840  
you're living enjoy a life of joy and

552  
00:22:31,480 --> 00:22:29,300  
bliss and then you attract things faster

553  
00:22:34,540 --> 00:22:31,490  
and that is the purpose of life is to

554  
00:22:37,630 --> 00:22:34,550  
feel good so the best way to become more

555  
00:22:39,790 --> 00:22:37,640  
positive is to become less negative so

556  
00:22:42,880 --> 00:22:39,800  
instead of saying no to the things you

557  
00:22:44,650 --> 00:22:42,890  
don't want be in the yes of your life

558  
00:22:46,810 --> 00:22:44,660  
that's right find out what you do want

559  
00:22:49,750 --> 00:22:46,820  
the best way to know what you do want us

560  
00:22:51,400 --> 00:22:49,760  
to know what you don't want you know we

561  
00:22:53,080 --> 00:22:51,410  
do that we go to a rush no I don't know

562  
00:22:55,540 --> 00:22:53,090  
what I want well you'll go through the

563  
00:22:57,400 --> 00:22:55,550

menu and you'll use what you don't want

564

00:22:59,710 --> 00:22:57,410

to help birth weight except now you know

565

00:23:01,450 --> 00:22:59,720

what that's too spicy or that's got too

566

00:23:03,790 --> 00:23:01,460

much carbs in it or that's too expensive

567

00:23:06,160 --> 00:23:03,800

instead and it helps you get clarity

568

00:23:08,080 --> 00:23:06,170

about what you do want so knowing what

569

00:23:11,110 --> 00:23:08,090

you don't want is important but here's

570

00:23:13,360 --> 00:23:11,120

the key only observe it briefly

571

00:23:15,340 --> 00:23:13,370

don't spend a lot of time observing what

572

00:23:17,020 --> 00:23:15,350

you don't want because if you talk about

573

00:23:18,340 --> 00:23:17,030

it you're right about it you tell 10

574

00:23:21,160 --> 00:23:18,350

friends and you go to I hate my life

575

00:23:23,590 --> 00:23:21,170

calm and you spend 20 minutes out there

576

00:23:26,050 --> 00:23:23,600

and you've observed what you don't want

577

00:23:27,490 --> 00:23:26,060

look way longer than briefly and law of

578

00:23:29,520 --> 00:23:27,500

attraction doesn't know why you're

579

00:23:31,840 --> 00:23:29,530

giving it attention but it's busy

580

00:23:35,760 --> 00:23:31,850

unfolding and orchestrating to bring you

581

00:23:38,500 --> 00:23:35,770

more of what you said you didn't want

582

00:23:41,250 --> 00:23:38,510

from the chat room Don Daniel did this

583

00:23:43,780 --> 00:23:41,260

is such a done day no question he asked

584

00:23:45,580 --> 00:23:43,790

that's a good question actually doesn't

585

00:23:51,130 --> 00:23:45,590

Michael consider the universe a living

586

00:23:52,870 --> 00:23:51,140

organism well I believe in energy right

587

00:23:55,060 --> 00:23:52,880

so I don't know if that qualifies as a

588

00:23:56,860 --> 00:23:55,070

living organism or not I don't know if

589

00:23:58,540 --> 00:23:56,870

you have to have a brain Law of

590

00:24:00,940 --> 00:23:58,550

Attraction doesn't have a brain it's not

591

00:24:04,180 --> 00:24:00,950

a thing it's not a person it's energy

592

00:24:05,560 --> 00:24:04,190

and it's responsive to vibrations it

593

00:24:07,150 --> 00:24:05,570

doesn't know whether it's good or bad

594

00:24:09,370 --> 00:24:07,160

whether you want it or don't want it

595

00:24:11,020 --> 00:24:09,380

this is this is you know this is you

596

00:24:13,120 --> 00:24:11,030

know people ask me about religion and

597

00:24:14,500 --> 00:24:13,130

what I believe in hi I don't tell people

598

00:24:17,280 --> 00:24:14,510

what I don't believe and I tell them

599

00:24:20,200 --> 00:24:17,290

what I do believe in I believe in energy

600

00:24:22,450 --> 00:24:20,210

this is here because of me there's

601  
00:24:24,850 --> 00:24:22,460  
nothing outside me that's doing it to me

602  
00:24:27,010 --> 00:24:24,860  
or for me it's not that I deserve it or

603  
00:24:29,590 --> 00:24:27,020  
don't deserve it everything I tracked is

604  
00:24:32,080 --> 00:24:29,600  
because of me that's what accountability

605  
00:24:32,740 --> 00:24:32,090  
means it's responsibility absolutely

606  
00:24:34,900 --> 00:24:32,750  
that's right

607  
00:24:36,490 --> 00:24:34,910  
accountability there's two words buried

608  
00:24:39,660 --> 00:24:36,500  
within it one of them is the word

609  
00:24:43,840 --> 00:24:39,670  
account and the other one's ability so

610  
00:24:46,840 --> 00:24:43,850  
accountability is my ability to account

611  
00:24:48,490 --> 00:24:46,850  
for everything that I'm attracting so

612  
00:24:50,290 --> 00:24:48,500  
when I'm attracting that great parking

613  
00:24:52,060 --> 00:24:50,300

space oh I'll brag about it and I'll

614

00:24:54,250 --> 00:24:52,070

tell you to Keith I'll say hey look at

615

00:24:56,440 --> 00:24:54,260

me I got a great fun this is here

616

00:25:00,070 --> 00:24:56,450

because of me in other words I have the

617

00:25:02,170 --> 00:25:00,080

ability to account for why i attracted

618

00:25:05,410 --> 00:25:02,180

something positive and then when the

619

00:25:08,020 --> 00:25:05,420

crappy stuff shows up guess what i have

620

00:25:10,660 --> 00:25:08,030

the ability to account for why i

621

00:25:14,140 --> 00:25:10,670

attracted it i don't got to like it but

622

00:25:15,580 --> 00:25:14,150

i got to own it from the Chariton what

623

00:25:18,700 --> 00:25:15,590

you said is going to sit up the next

624

00:25:20,950 --> 00:25:18,710

question Patrice asked how do we get the

625

00:25:23,290 --> 00:25:20,960

people around us to accept these changes

626  
00:25:24,669 --> 00:25:23,300  
we make for ourselves I already know the

627  
00:25:26,259 --> 00:25:24,679  
answer but Mike and well you're the

628  
00:25:27,669 --> 00:25:26,269  
SNU the rock storm for tonight then your

629  
00:25:29,259 --> 00:25:27,679  
deliveries gonna be really really good

630  
00:25:30,700 --> 00:25:29,269  
well we all have different answers to

631  
00:25:32,200 --> 00:25:30,710  
that here's the challenge

632  
00:25:33,549 --> 00:25:32,210  
I'm going to say this is this is an

633  
00:25:35,590 --> 00:25:33,559  
important sense for everybody to hear

634  
00:25:37,090 --> 00:25:35,600  
because as people learn about law of

635  
00:25:39,009 --> 00:25:37,100  
attraction and other subjects they're

636  
00:25:42,340 --> 00:25:39,019  
eager to train teach and train other

637  
00:25:43,720 --> 00:25:42,350  
people listen to this if people haven't

638  
00:25:47,289 --> 00:25:43,730

asked the question

639

00:25:48,700 --> 00:25:47,299

they don't always hear the answer not a

640

00:25:50,139 --> 00:25:48,710

lot of people want to be taught

641

00:25:50,769 --> 00:25:50,149

something they weren't asked to be

642

00:25:54,159 --> 00:25:50,779

taught

643

00:25:56,919 --> 00:25:54,169

so my answer to that question was model

644

00:25:59,739 --> 00:25:56,929

it model the success of your own

645

00:26:01,840 --> 00:25:59,749

attraction and then instead of saying

646

00:26:04,149 --> 00:26:01,850

hey you you've got to stop using the

647

00:26:05,769 --> 00:26:04,159

word don't not and no well first nobody

648

00:26:07,960 --> 00:26:05,779

wants to be told what they should or

649

00:26:10,060 --> 00:26:07,970

shouldn't be doing but what something

650

00:26:11,680 --> 00:26:10,070

comes up to me it says Wow how is it

651

00:26:13,330 --> 00:26:11,690

that you attract such great people to

652

00:26:15,669 --> 00:26:13,340

your life and great opportunities you're

653

00:26:17,799 --> 00:26:15,679

so lucky and I said oh you know what

654

00:26:19,989 --> 00:26:17,809

they just asked for a permission now I

655

00:26:22,539 --> 00:26:19,999

can teach them I'll say that sentence

656

00:26:25,210 --> 00:26:22,549

again if people don't ask the question

657

00:26:28,450 --> 00:26:25,220

they don't always hear the answer so

658

00:26:30,580 --> 00:26:28,460

sometimes in a half of a relate a spouse

659

00:26:32,440 --> 00:26:30,590

will come to my seminar and they say I

660

00:26:34,779 --> 00:26:32,450

don't wait to go home and he says to my

661

00:26:36,999 --> 00:26:34,789

husband or how do I get my wife on board

662

00:26:39,850 --> 00:26:37,009

and I said you don't try to get them on

663

00:26:42,070 --> 00:26:39,860

board you model it and while you're

664

00:26:44,590 --> 00:26:42,080

modeling your success then they'll tap

665

00:26:46,600 --> 00:26:44,600

you on the shoulder and say well how is

666

00:26:51,600 --> 00:26:46,610

it that you're doing this tell me more

667

00:26:57,279 --> 00:26:54,430

Michael one of my favorite subjects of

668

00:26:59,340 --> 00:26:57,289

spirituality if you will is the art I

669

00:27:01,509 --> 00:26:59,350

think it's an art actually of allowing

670

00:27:03,580 --> 00:27:01,519

let's talk a little bit about allowing

671

00:27:08,080 --> 00:27:03,590

and the magic or the power or whatever

672

00:27:11,739 --> 00:27:08,090

words we would choose to me throughout

673

00:27:14,680 --> 00:27:11,749

my life practicing Allowance it gets me

674

00:27:16,779 --> 00:27:14,690

out of the fight it allows me to be in a

675

00:27:18,999 --> 00:27:16,789

space of everything being as it is as

676

00:27:20,529 --> 00:27:19,009

beautiful versus wanting to smash it or

677

00:27:22,749 --> 00:27:20,539

break it or changing it to something

678

00:27:24,609 --> 00:27:22,759

it's not let's talk about allowing a

679

00:27:26,619 --> 00:27:24,619

little bit clearer well my hunch we have

680

00:27:30,539 --> 00:27:26,629

the same understanding about allowing of

681

00:27:33,159 --> 00:27:30,549

course we teach it in different ways

682

00:27:36,789 --> 00:27:33,169

allowing isn't something that you can go

683

00:27:37,600 --> 00:27:36,799

to directly allowing is the result of

684

00:27:39,880 --> 00:27:37,610

something

685

00:27:43,299 --> 00:27:39,890

you can't say I'm going to allow now you

686

00:27:46,750 --> 00:27:43,309

can't go directly to all right allowing

687

00:27:50,460 --> 00:27:46,760

is the result of removing downs

688

00:27:53,350 --> 00:27:50,470

you see allowing is the absence of doubt

689

00:27:55,539 --> 00:27:53,360

if I have doubt about something it's a

690

00:27:57,820 --> 00:27:55,549

negative vibration and that negative

691

00:28:00,910 --> 00:27:57,830

vibration is diluting diluting my

692

00:28:03,070 --> 00:28:00,920

manifestation so on one hand I say oh

693

00:28:04,570 --> 00:28:03,080

I'd love to attract two new clients to

694

00:28:06,850 --> 00:28:04,580

my business or I'd like to attract a

695

00:28:09,010 --> 00:28:06,860

seminar opportunity and I've got high

696

00:28:11,230 --> 00:28:09,020

vibes about that let's say on a scale of

697

00:28:13,180 --> 00:28:11,240

one to ten my vibes are so high I'm

698

00:28:14,890 --> 00:28:13,190

going to give it a ten I'm excited about

699

00:28:16,600 --> 00:28:14,900

it I'm talking about it I've got great

700

00:28:18,760 --> 00:28:16,610

vibes about doing a big seminar in New

701  
00:28:21,010 --> 00:28:18,770  
York City and then a little voice on the

702  
00:28:23,770 --> 00:28:21,020  
other hand says well you can't have that

703  
00:28:25,360 --> 00:28:23,780  
who do you think you are you're not good

704  
00:28:27,730 --> 00:28:25,370  
enough you're not this and you're that

705  
00:28:30,580 --> 00:28:27,740  
is the voice of doubt here's the math

706  
00:28:32,799 --> 00:28:30,590  
equation on a scale of minus 1 to minus

707  
00:28:35,710 --> 00:28:32,809  
10 the minus sign representing the

708  
00:28:38,799 --> 00:28:35,720  
negative vibration of doubt the minus 10

709  
00:28:41,380 --> 00:28:38,809  
of my doubt has diluted the positive 10

710  
00:28:44,080 --> 00:28:41,390  
of my desire so the net effect of the

711  
00:28:48,490 --> 00:28:44,090  
equation is zero so I don't need to

712  
00:28:50,350 --> 00:28:48,500  
desire more I need to doubt less the

713  
00:28:52,930 --> 00:28:50,360

speed at which law of attraction will

714

00:28:55,690 --> 00:28:52,940

manifest anything you desire isn't

715

00:28:57,549 --> 00:28:55,700

determined how much you want it it's

716

00:29:00,280 --> 00:28:57,559

determined on how much doubt you'll have

717

00:29:03,370 --> 00:29:00,290

any receiving it and the best way to

718

00:29:07,150 --> 00:29:03,380

remove doubt is to find proof you see

719

00:29:09,850 --> 00:29:07,160

allowing is the byproduct of removing

720

00:29:11,980 --> 00:29:09,860

doubt so allowing and believing mean the

721

00:29:14,110 --> 00:29:11,990

same thing people say you just need to

722

00:29:16,990 --> 00:29:14,120

believe it well you only believe it if

723

00:29:18,850 --> 00:29:17,000

you don't doubt it people say well you

724

00:29:21,610 --> 00:29:18,860

should need to have faith well you only

725

00:29:24,220 --> 00:29:21,620

have faith if you don't have doubt you

726

00:29:26,590 --> 00:29:24,230

see faith being Phaeton and Arndt me

727

00:29:28,539 --> 00:29:26,600

being faithful I mean having faith that

728

00:29:31,659 --> 00:29:28,549

it'll happen means you don't have any

729

00:29:34,240 --> 00:29:31,669

doubt believing that it'll happen means

730

00:29:36,010 --> 00:29:34,250

you don't have any doubt allowing it to

731

00:29:37,840 --> 00:29:36,020

happen if you don't have any negative

732

00:29:40,900 --> 00:29:37,850

vibration that's doubt that's not

733

00:29:43,000 --> 00:29:40,910

diluting the desire so I'll say it again

734

00:29:45,640 --> 00:29:43,010

the speed at which you can attract

735

00:29:48,010 --> 00:29:45,650

anything is determined by how much doubt

736

00:29:51,360 --> 00:29:48,020

you haven't receiving it so we don't

737

00:29:53,620 --> 00:29:51,370

need to desire more we need to delt less

738

00:29:55,509 --> 00:29:53,630

my name is Keith Anton blanching a host

739

00:29:57,370 --> 00:29:55,519

of center of Light Radio 6 p.m. Eastern

740

00:29:59,710 --> 00:29:57,380

Time every Monday night tonight my guest

741

00:30:01,480 --> 00:29:59,720

is mr. Michael oza we were speaking

742

00:30:02,950 --> 00:30:01,490

about the law of attraction would you

743

00:30:04,240 --> 00:30:02,960

give out your contact information

744

00:30:05,919 --> 00:30:04,250

anything you want to shout out to the

745

00:30:07,419 --> 00:30:05,929

listening on a soda can find out and eat

746

00:30:08,860 --> 00:30:07,429

more about you and whatever it is you

747

00:30:10,649 --> 00:30:08,870

doing out there in the world serves your

748

00:30:13,269 --> 00:30:10,659

contribution to a better humanity oh

749

00:30:15,700 --> 00:30:13,279

well thank you well every Friday I host

750

00:30:17,740 --> 00:30:15,710

a free Facebook live show I'm on my two

751  
00:30:20,049 --> 00:30:17,750  
hundred and thirty second Friday and it

752  
00:30:22,509 --> 00:30:20,059  
is dedicated to just what you're doing

753  
00:30:24,580 --> 00:30:22,519  
to educate people to uplift them and

754  
00:30:27,610 --> 00:30:24,590  
giving them tools and processes so they

755  
00:30:29,320 --> 00:30:27,620  
can live a rich full awesome life it's

756  
00:30:31,330 --> 00:30:29,330  
at nine o'clock Pacific 12:00 noon

757  
00:30:34,480 --> 00:30:31,340  
Eastern you can go to my facebook page

758  
00:30:39,190 --> 00:30:34,490  
which is Michael Lowe's yay fans and my

759  
00:30:40,990 --> 00:30:39,200  
last name is belt I OS ier and you can

760  
00:30:42,690 --> 00:30:41,000  
join me every Friday and you can go back

761  
00:30:44,740 --> 00:30:42,700  
and watch all the archives every Friday

762  
00:30:47,379 --> 00:30:44,750  
just what we're doing now we pick a

763  
00:30:51,039 --> 00:30:47,389

topic either on allowing or or goal

764

00:30:52,870 --> 00:30:51,049

setting or clarity or how do you give

765

00:30:54,610 --> 00:30:52,880

attention to whatever it is it's all

766

00:30:57,310 --> 00:30:54,620

about giving tools I'm not a

767

00:30:59,680 --> 00:30:57,320

motivational speaker I'm a motivated

768

00:31:02,500 --> 00:30:59,690

trainer and I make sure that when people

769

00:31:04,299 --> 00:31:02,510

watch my program that they've got a pen

770

00:31:06,789 --> 00:31:04,309

and paper with them and I change

771

00:31:09,340 --> 00:31:06,799

people's lives every Friday with tools

772

00:31:10,930 --> 00:31:09,350

and processes that so they can use so

773

00:31:15,039 --> 00:31:10,940

they can apply a law of attraction more

774

00:31:17,259 --> 00:31:15,049

deliberately to their lives very vent

775

00:31:19,779 --> 00:31:17,269

actually Michael let me ask it is we're

776

00:31:21,820 --> 00:31:19,789

talking about allowing and doubt being

777

00:31:25,200 --> 00:31:21,830

the opposite of allowing then another

778

00:31:28,509 --> 00:31:25,210

way could the opposite of allowing be

779

00:31:30,639 --> 00:31:28,519

control in other words I'm not going to

780

00:31:32,289 --> 00:31:30,649

allow this I don't want any part of this

781

00:31:34,210 --> 00:31:32,299

being as IDIA so I want to control it

782

00:31:36,639 --> 00:31:34,220

and make it something else so I can feel

783

00:31:38,289 --> 00:31:36,649

better about the scenario yeah that's

784

00:31:40,180 --> 00:31:38,299

that'd be a good point you know

785

00:31:41,889 --> 00:31:40,190

controlling would be telling law of

786

00:31:43,330 --> 00:31:41,899

attraction where you think it needs to

787

00:31:47,560 --> 00:31:43,340

come from trying to control the

788

00:31:48,519 --> 00:31:47,570

manifestation but you said it earlier in

789

00:31:50,500 --> 00:31:48,529

the show

790

00:31:52,899 --> 00:31:50,510

it's not our job to figure it out where

791

00:31:54,879 --> 00:31:52,909

it's coming from you know when I do a

792

00:31:56,200 --> 00:31:54,889

search on Google I don't tell Google

793

00:31:57,669 --> 00:31:56,210

where to go find the thing that I'm

794

00:32:00,450 --> 00:31:57,679

looking for if that was the case you

795

00:32:02,280 --> 00:32:00,460

wouldn't go to Google you get it right

796

00:32:04,140 --> 00:32:02,290

for one of these go find it on this

797

00:32:07,980 --> 00:32:04,150

website Google would talk back and say

798

00:32:10,560 --> 00:32:07,990

oh then you don't need me it's on you

799

00:32:12,390 --> 00:32:10,570

don't so this is an important point when

800

00:32:14,100 --> 00:32:12,400

you're using law of attraction don't

801  
00:32:17,340 --> 00:32:14,110  
build your list about what you desire

802  
00:32:19,890 --> 00:32:17,350  
and then go shopping because that's a

803  
00:32:21,960 --> 00:32:19,900  
shopping list it's not a desire list you

804  
00:32:24,180 --> 00:32:21,970  
know how do we find our desire how does

805  
00:32:26,730 --> 00:32:24,190  
one begin to find their desires so they

806  
00:32:28,470 --> 00:32:26,740  
can begin to peg it and begin to

807  
00:32:30,870 --> 00:32:28,480  
increase their vibration surrounding

808  
00:32:32,340 --> 00:32:30,880  
that or within that and begin to move

809  
00:32:34,110 --> 00:32:32,350  
into the window of their better life

810  
00:32:36,330 --> 00:32:34,120  
knowing that be it of a certain

811  
00:32:38,160 --> 00:32:36,340  
something a better job relationship or

812  
00:32:40,410 --> 00:32:38,170  
you know just wanting to spiritually

813  
00:32:43,080 --> 00:32:40,420

expand how do you go how does one go

814

00:32:45,300 --> 00:32:43,090

about finding desires that which they

815

00:32:47,700 --> 00:32:45,310

really know that they could you know

816

00:32:48,720 --> 00:32:47,710

have a life shift okay good well I want

817

00:32:50,520 --> 00:32:48,730

to go I'm going to answer that question

818

00:32:53,390 --> 00:32:50,530

in a moment I've developed in my book I

819

00:32:56,430 --> 00:32:53,400

developed a process so in seven minutes

820

00:32:58,050 --> 00:32:56,440

you can identify articulately for the

821

00:33:01,320 --> 00:32:58,060

first time about what it is you desire

822

00:33:03,480 --> 00:33:01,330

but let's think about Google when I go

823

00:33:06,390 --> 00:33:03,490

to Google do I type in what I don't want

824

00:33:08,040 --> 00:33:06,400

or what I do want you see I'm pretty

825

00:33:10,800 --> 00:33:08,050

clear when I'm going to Google I know

826  
00:33:12,420 --> 00:33:10,810  
how to feed Google what I want and when

827  
00:33:14,390 --> 00:33:12,430  
I go to the restaurant I don't tell the

828  
00:33:16,860 --> 00:33:14,400  
server all the things that I don't want

829  
00:33:19,170 --> 00:33:16,870  
when I'm ordering something from an

830  
00:33:21,030 --> 00:33:19,180  
online catalog I don't tell them all the

831  
00:33:22,770 --> 00:33:21,040  
things that I don't want so when it

832  
00:33:26,130 --> 00:33:22,780  
comes to ordering food and ordering

833  
00:33:27,990 --> 00:33:26,140  
pizza and doing a search on Google I'm

834  
00:33:30,180 --> 00:33:28,000  
pretty good at knowing what I want and

835  
00:33:32,520 --> 00:33:30,190  
so are you listening but when it comes

836  
00:33:35,970 --> 00:33:32,530  
to other areas we don't use that same

837  
00:33:39,630 --> 00:33:35,980  
formula the best way to know what you do

838  
00:33:42,210 --> 00:33:39,640

want is to know what you don't want and

839

00:33:44,070 --> 00:33:42,220

in my work in my book law of attraction

840

00:33:48,240 --> 00:33:44,080

I have a worksheet it's called clarity

841

00:33:52,290 --> 00:33:48,250

through contrast that means I can birth

842

00:33:55,110 --> 00:33:52,300

clarity through the brief observation of

843

00:33:57,060 --> 00:33:55,120

contrast what I don't like remember I do

844

00:33:58,590 --> 00:33:57,070

it in a restaurant I scan the man you

845

00:34:00,170 --> 00:33:58,600

don't like that don't like that and that

846

00:34:02,880 --> 00:34:00,180

it helps me say here's what I'd like

847

00:34:04,620 --> 00:34:02,890

exactly maybe I'm going to try on

848

00:34:06,720 --> 00:34:04,630

clothes and I don't like that I don't

849

00:34:09,330 --> 00:34:06,730

like that those things help me get clear

850

00:34:11,280 --> 00:34:09,340

exactly what I do like so if you're

851  
00:34:13,659 --> 00:34:11,290  
talking for example about an ideal

852  
00:34:16,930 --> 00:34:15,279  
I would you use the clarity through

853  
00:34:18,279 --> 00:34:16,940  
contrast worksheet it's pretty simple

854  
00:34:20,799 --> 00:34:18,289  
draw a line down the middle of the page

855  
00:34:22,119 --> 00:34:20,809  
on the left hand side write down all the

856  
00:34:25,389 --> 00:34:22,129  
things that you didn't like about your

857  
00:34:26,980 --> 00:34:25,399  
last vacation oh here's one thing the

858  
00:34:30,190 --> 00:34:26,990  
city was too large

859  
00:34:32,649 --> 00:34:30,200  
right and the hotel was way too big for

860  
00:34:34,569 --> 00:34:32,659  
me right the hotel didn't have a

861  
00:34:36,849 --> 00:34:34,579  
restaurant oh yeah then there was a

862  
00:34:38,529 --> 00:34:36,859  
vacation I went to where nobody spoke

863  
00:34:41,680 --> 00:34:38,539

English and that was a challenge for me

864

00:34:45,309 --> 00:34:41,690

you see how just by those few things I

865

00:34:47,169 --> 00:34:45,319

can use that to help me get clear so for

866

00:34:49,329 --> 00:34:47,179

each one of these oh you don't like that

867

00:34:51,430 --> 00:34:49,339

there was no English so what do you want

868

00:34:53,139 --> 00:34:51,440

well I'd like that they speak English oh

869

00:34:55,210 --> 00:34:53,149

you don't like that there wasn't an

870

00:34:57,279 --> 00:34:55,220

on-site restaurant what do you like well

871

00:34:58,930 --> 00:34:57,289

an on-site restaurant you don't like

872

00:35:01,359 --> 00:34:58,940

that it was in a big metropolis city

873

00:35:03,789 --> 00:35:01,369

what do you want maybe a small town so

874

00:35:05,640 --> 00:35:03,799

just by those three things I have

875

00:35:09,220 --> 00:35:05,650

birthed Mort here's my ideal vacation

876  
00:35:11,950 --> 00:35:09,230  
they speak English and it's a small town

877  
00:35:14,049 --> 00:35:11,960  
and there's an on-site restaurant now

878  
00:35:15,819 --> 00:35:14,059  
you see how the brief observation about

879  
00:35:18,490 --> 00:35:15,829  
what I didn't like to help me birth what

880  
00:35:19,660 --> 00:35:18,500  
I do like so maybe your ideal client

881  
00:35:22,390 --> 00:35:19,670  
what didn't you like about your last

882  
00:35:25,210 --> 00:35:22,400  
clients they didn't pay on time they

883  
00:35:27,279 --> 00:35:25,220  
didn't make referrals they there were

884  
00:35:29,049 --> 00:35:27,289  
they didn't return my phone calls you

885  
00:35:33,400 --> 00:35:29,059  
see how that what you didn't like helps

886  
00:35:39,519 --> 00:35:33,410  
you would that be that too metaphorical

887  
00:35:43,029 --> 00:35:39,529  
two columns this so now you can help

888  
00:35:46,420 --> 00:35:43,039

birth more clarity when you observe what

889

00:35:49,120 --> 00:35:46,430

you don't want so oh so what would my

890

00:35:53,499 --> 00:35:49,130

idea apply let's see one the pace on

891

00:35:56,230 --> 00:35:53,509

time one that returns my phone calls one

892

00:36:00,039 --> 00:35:56,240

that makes were referrals one that does

893

00:36:02,680 --> 00:36:00,049

the homework and for the first time some

894

00:36:05,700 --> 00:36:02,690

people have gotten clear and they say

895

00:36:08,140 --> 00:36:05,710

wow would that ever make an ideal client

896

00:36:11,140 --> 00:36:08,150

but here's the real secret it's like a

897

00:36:13,870 --> 00:36:11,150

law of attraction hack when you get

898

00:36:16,749 --> 00:36:13,880

clear about what you want it actually

899

00:36:18,700 --> 00:36:16,759

generates a feeling you're saying well

900

00:36:21,759 --> 00:36:18,710

clarity is not a feeling oh yes it is

901  
00:36:23,920 --> 00:36:21,769  
here's what it feels like wow that's

902  
00:36:26,070 --> 00:36:23,930  
exactly I want one of those that would

903  
00:36:28,530 --> 00:36:26,080  
mean I'm so excited that would be an

904  
00:36:31,110 --> 00:36:28,540  
ideal client so even though clarity is

905  
00:36:34,410 --> 00:36:31,120  
not a feeling word it generated the

906  
00:36:35,910 --> 00:36:34,420  
vibration about what you desire okay I

907  
00:36:37,500 --> 00:36:35,920  
want to tackle another subject and

908  
00:36:39,810 --> 00:36:37,510  
people might not like it or understand

909  
00:36:42,750 --> 00:36:39,820  
it you don't need to get a feeling for

910  
00:36:44,730 --> 00:36:42,760  
what you want to attract by giving

911  
00:36:47,610 --> 00:36:44,740  
attention energy and focus to what you

912  
00:36:50,130 --> 00:36:47,620  
desire causes you to send the vibration

913  
00:36:51,750 --> 00:36:50,140

of it because right now you and I could

914

00:36:53,010 --> 00:36:51,760

have a 10-minute conversation about

915

00:36:55,920 --> 00:36:53,020

something that we don't know what it

916

00:36:58,230 --> 00:36:55,930

feels like we could talk about feathers

917

00:36:59,610 --> 00:36:58,240

or we could talk about crystals and we

918

00:37:01,530 --> 00:36:59,620

could talk about stuff that we don't

919

00:37:04,140 --> 00:37:01,540

know that those things don't have a

920

00:37:06,590 --> 00:37:04,150

feeling I don't know what it feels like

921

00:37:09,570 --> 00:37:06,600

to have a feather or a crystal or

922

00:37:11,400 --> 00:37:09,580

dynamite or whatever but if we gave it

923

00:37:13,610 --> 00:37:11,410

lots of attention we'd have probably

924

00:37:16,470 --> 00:37:13,620

attracted into our lives pictures of it

925

00:37:18,780 --> 00:37:16,480

conversations of it books about it and

926  
00:37:21,030 --> 00:37:18,790  
people say and I would say I didn't know

927  
00:37:22,740 --> 00:37:21,040  
what those things felt like but I was

928  
00:37:25,410 --> 00:37:22,750  
able to give them attention because I

929  
00:37:27,360 --> 00:37:25,420  
gave it attention energy and focus so a

930  
00:37:29,910 --> 00:37:27,370  
lot of people get hung up on well how do

931  
00:37:31,770 --> 00:37:29,920  
I give attention to that you know how do

932  
00:37:34,650 --> 00:37:31,780  
we you know how do I visualize and how

933  
00:37:37,230 --> 00:37:34,660  
do I give it attention law of attraction

934  
00:37:38,970 --> 00:37:37,240  
doesn't care if you visualize it if you

935  
00:37:40,860 --> 00:37:38,980  
try to visualize something and you get

936  
00:37:43,130 --> 00:37:40,870  
frustrated cuz you can't get a picture

937  
00:37:45,600 --> 00:37:43,140  
now you're sending a negative vibration

938  
00:37:49,110 --> 00:37:45,610

the only time it's helpful to visualize

939

00:37:51,060 --> 00:37:49,120

is when it feels good so somebody says

940

00:37:53,250 --> 00:37:51,070

you must visualize they know you don't

941

00:37:55,830 --> 00:37:53,260

have to visualize only visualize if it

942

00:37:58,170 --> 00:37:55,840

feels good you must do a dream board

943

00:38:00,630 --> 00:37:58,180

that's not true I only do a dream board

944

00:38:02,790 --> 00:38:00,640

if it feels right only visualize if it

945

00:38:05,160 --> 00:38:02,800

feels right don't let anybody outside

946

00:38:07,440 --> 00:38:05,170

yourselves tell you what you need to do

947

00:38:09,690 --> 00:38:07,450

to give it attention you need to find

948

00:38:12,300 --> 00:38:09,700

your own now me I like to talk about it

949

00:38:14,190 --> 00:38:12,310

and I get little posters if not posters

950

00:38:15,660 --> 00:38:14,200

with flip charts in my office you know

951  
00:38:17,640 --> 00:38:15,670  
I'm planning a trip to Vegas doing a

952  
00:38:18,780 --> 00:38:17,650  
seminar there and I've got notes about

953  
00:38:21,630 --> 00:38:18,790  
what I'm going to do and who's going to

954  
00:38:23,910 --> 00:38:21,640  
comment on so that's my style but if I

955  
00:38:25,650 --> 00:38:23,920  
tried to visualize that trip in Vegas

956  
00:38:27,240 --> 00:38:25,660  
the seminar and now I can't get a

957  
00:38:28,500 --> 00:38:27,250  
picture of it now I'm feeling

958  
00:38:30,420 --> 00:38:28,510  
disappointed because I can't get a

959  
00:38:32,550 --> 00:38:30,430  
picture of it law of attraction isn't

960  
00:38:35,370 --> 00:38:32,560  
responding to the visualization it's

961  
00:38:36,840 --> 00:38:35,380  
responding to how I feel about what I'm

962  
00:38:40,049 --> 00:38:36,850  
visualizing which is a negative

963  
00:38:43,589 --> 00:38:40,059

vibration because I can't get a photo

964

00:38:46,380 --> 00:38:43,599

I love it Michael let me ask you this

965

00:38:49,529 --> 00:38:46,390

everything you described about clarity

966

00:38:53,299 --> 00:38:49,539

via contradiction would that be the

967

00:38:55,859 --> 00:38:53,309

metaphorical two columns list looking at

968

00:38:57,569 --> 00:38:55,869

you know looking at well of course

969

00:38:59,759 --> 00:38:57,579

looking at what you don't want but when

970

00:39:01,859 --> 00:38:59,769

when you make this list for example I

971

00:39:03,959 --> 00:39:01,869

want peace I want abundance I want this

972

00:39:05,959 --> 00:39:03,969

I want that eventually over a period of

973

00:39:08,400 --> 00:39:05,969

time as you started getting clear

974

00:39:10,499 --> 00:39:08,410

everything you think you really want it

975

00:39:12,599 --> 00:39:10,509

you start removing and you come up with

976  
00:39:14,789 --> 00:39:12,609  
this one phrase which is the end result

977  
00:39:16,739 --> 00:39:14,799  
that I want this particular thing which

978  
00:39:18,479 --> 00:39:16,749  
is the umbrella over everything else

979  
00:39:21,559 --> 00:39:18,489  
that you said you want it by going

980  
00:39:24,120 --> 00:39:21,569  
through the process of meeting clear

981  
00:39:25,920 --> 00:39:24,130  
well that's right because at the end at

982  
00:39:27,479 --> 00:39:25,930  
the end of the exercise the left hand

983  
00:39:29,309 --> 00:39:27,489  
calm here's all the things that I don't

984  
00:39:31,829 --> 00:39:29,319  
like about what I was attracting for

985  
00:39:33,749 --> 00:39:31,839  
that specific specific area and now

986  
00:39:35,789 --> 00:39:33,759  
you've burst on the right hand side so

987  
00:39:37,170 --> 00:39:35,799  
ignore the left hand side you don't need

988  
00:39:39,150 --> 00:39:37,180

to give that attention remember I said

989

00:39:40,679 --> 00:39:39,160

observe it briefly so now on the right

990

00:39:43,699 --> 00:39:40,689

hand side I've got a list of everything

991

00:39:45,839 --> 00:39:43,709

I want now I got to give that attention

992

00:39:48,059 --> 00:39:45,849

now how do you give it attention

993

00:39:50,819 --> 00:39:48,069

I might read it I might make a desire

994

00:39:52,979 --> 00:39:50,829

statement about it you decide what you'd

995

00:39:54,900 --> 00:39:52,989

give it attention you might do a dream

996

00:39:57,029 --> 00:39:54,910

board if you like dream boards you might

997

00:39:58,620 --> 00:39:57,039

visualize if you like visualizing you

998

00:40:01,259 --> 00:39:58,630

might do an audio about it if you like

999

00:40:02,999 --> 00:40:01,269

to you need to find your own style how

1000

00:40:04,589 --> 00:40:03,009

do I give attention to something you

1001  
00:40:07,140 --> 00:40:04,599  
might daydream about it you might

1002  
00:40:09,779 --> 00:40:07,150  
pretend about it see this is another Law

1003  
00:40:11,339 --> 00:40:09,789  
of Attraction hack law of attractions

1004  
00:40:14,819 --> 00:40:11,349  
eavesdropping right now on your

1005  
00:40:17,039 --> 00:40:14,829  
vibration and it doesn't know how it got

1006  
00:40:21,169 --> 00:40:17,049  
included it doesn't know if you're

1007  
00:40:24,959 --> 00:40:21,179  
remembering pretending playing

1008  
00:40:27,419 --> 00:40:24,969  
daydreaming visualizing talking about

1009  
00:40:29,849 --> 00:40:27,429  
what you do want observing it and others

1010  
00:40:32,249 --> 00:40:29,859  
it's responding to the vibration that

1011  
00:40:34,380 --> 00:40:32,259  
you're holding so we need to be more

1012  
00:40:39,319 --> 00:40:34,390  
deliberate about what we're including in

1013  
00:40:44,630 --> 00:40:41,539

like I was looking through your book and

1014

00:40:47,479 --> 00:40:44,640

I just saw a particular chapter or a

1015

00:40:52,489 --> 00:40:47,489

subchapter and said don't tell anyone

1016

00:40:54,319 --> 00:40:52,499

how your date went oh this is for all

1017

00:40:56,179 --> 00:40:54,329

and I you know cuz I have a lot of women

1018

00:40:57,349 --> 00:40:56,189

that come to my seminars and then we

1019

00:40:59,089 --> 00:40:57,359

said why don't I keep attracting the

1020

00:41:00,979 --> 00:40:59,099

same man over and over again I said I

1021

00:41:02,569 --> 00:41:00,989

know why because when you get home from

1022

00:41:04,759 --> 00:41:02,579

a date you call all your girlfriend you

1023

00:41:06,259 --> 00:41:04,769

say what a horrible date thought was let

1024

00:41:07,849 --> 00:41:06,269

me tell you the ten things I didn't like

1025

00:41:09,529 --> 00:41:07,859

about them and then you call the next

1026

00:41:11,539 --> 00:41:09,539

girlfriend said let me talk and then you

1027

00:41:12,919 --> 00:41:11,549

go to I hate my date calm and you spend

1028

00:41:14,689 --> 00:41:12,929

twenty minutes out there and you say

1029

00:41:17,269 --> 00:41:14,699

dear diary here's what I didn't like

1030

00:41:19,099 --> 00:41:17,279

about my date and all the time that

1031

00:41:21,349 --> 00:41:19,109

you're regurgitating the story about

1032

00:41:23,239 --> 00:41:21,359

your horrible date law of attraction

1033

00:41:24,919 --> 00:41:23,249

it's eavesdropping it doesn't know that

1034

00:41:26,479 --> 00:41:24,929

you're telling your girlfriend's it

1035

00:41:28,519 --> 00:41:26,489

doesn't know that you went to I hate my

1036

00:41:32,269 --> 00:41:28,529

date calm it doesn't know that you're

1037

00:41:33,889 --> 00:41:32,279

saying dear diary it's responding to how

1038

00:41:35,719 --> 00:41:33,899

you feel about what you're saying and

1039

00:41:37,249 --> 00:41:35,729

doing so when you come home from the

1040

00:41:41,149 --> 00:41:37,259

date don't tell anybody

1041

00:41:43,639 --> 00:41:41,159

if you need to share it seek out the

1042

00:41:45,109 --> 00:41:43,649

things that you like to both the date in

1043

00:41:47,899 --> 00:41:45,119

even if sorry - well here's the two

1044

00:41:50,599 --> 00:41:47,909

things I liked about him or her and talk

1045

00:41:52,519 --> 00:41:50,609

about those two things because even if

1046

00:41:55,129 --> 00:41:52,529

you're remembering or you're telling

1047

00:41:57,439 --> 00:41:55,139

your friends or you're typing it you are

1048

00:41:59,329 --> 00:41:57,449

giving it attention energy and focus and

1049

00:42:02,689 --> 00:41:59,339

Law of Attraction isn't very forgiving

1050

00:42:04,759 --> 00:42:02,699

but it's it's always matching so when

1051  
00:42:05,659 --> 00:42:04,769  
you come home from a terrible gate don't

1052  
00:42:08,419 --> 00:42:05,669  
tell anybody

1053  
00:42:12,259 --> 00:42:08,429  
and mind your own business mind your

1054  
00:42:14,089 --> 00:42:12,269  
vibrational business I love that you

1055  
00:42:15,379 --> 00:42:14,099  
said that I just recently did a burst of

1056  
00:42:17,059 --> 00:42:15,389  
light which is the title of these

1057  
00:42:18,979 --> 00:42:17,069  
broadcasts are doing Facebook live in

1058  
00:42:21,709 --> 00:42:18,989  
them I'm starting to get really good at

1059  
00:42:23,389 --> 00:42:21,719  
it my attendances increasing I just

1060  
00:42:25,969 --> 00:42:23,399  
recently did one and said what other

1061  
00:42:28,849 --> 00:42:25,979  
people think of you is none of your

1062  
00:42:31,069 --> 00:42:28,859  
business because it comes down to self

1063  
00:42:33,049 --> 00:42:31,079

judgment and because I don't want to own

1064

00:42:34,879 --> 00:42:33,059

this responsibility I'm going to project

1065

00:42:37,159 --> 00:42:34,889

it on the John or Jane Doe and wonder

1066

00:42:40,459 --> 00:42:37,169

about what you're thinking about what I

1067

00:42:41,689 --> 00:42:40,469

did so let me ask you Michael like it I

1068

00:42:44,629 --> 00:42:41,699

think it was in the movie law of

1069

00:42:46,189 --> 00:42:44,639

attraction excuse me the secret there

1070

00:42:48,799 --> 00:42:46,199

was a late a win of a book I read it

1071

00:42:50,299 --> 00:42:48,809

from there was a lady who was not in a

1072

00:42:52,339 --> 00:42:50,309

relationship and she wanted relationship

1073

00:42:53,989 --> 00:42:52,349

and she it dawned on her that

1074

00:42:56,150 --> 00:42:53,999

was sleeping in the middle of the bed

1075

00:42:57,859 --> 00:42:56,160

same thing she was doing with the car

1076  
00:43:00,410 --> 00:42:57,869  
she was parking the car in the middle of

1077  
00:43:01,039 --> 00:43:00,420  
the garage on some level affirming to

1078  
00:43:03,109 --> 00:43:01,049  
the universe

1079  
00:43:05,960 --> 00:43:03,119  
I'm not leaving room for someone to be

1080  
00:43:07,849 --> 00:43:05,970  
in my bed someone's not being my drive

1081  
00:43:09,559 --> 00:43:07,859  
my my garage with me

1082  
00:43:12,019 --> 00:43:09,569  
what are you thoughts about this

1083  
00:43:14,299 --> 00:43:12,029  
particular idea of law of attraction and

1084  
00:43:16,130 --> 00:43:14,309  
how would I work well first I didn't

1085  
00:43:18,489 --> 00:43:16,140  
watch the secret but I was asked to be

1086  
00:43:20,779 --> 00:43:18,499  
in it twice and I turned it down twice

1087  
00:43:22,190 --> 00:43:20,789  
see it doesn't matter whether she was

1088  
00:43:25,039 --> 00:43:22,200

sleeping in the middle of the bed or the

1089

00:43:28,099 --> 00:43:25,049

right or the left hand side she likes it

1090

00:43:30,170 --> 00:43:28,109

it's her mindset when she said I better

1091

00:43:33,019 --> 00:43:30,180

sleep on the right hand side to create

1092

00:43:35,630 --> 00:43:33,029

space for a boyfriend or a girlfriend in

1093

00:43:38,660 --> 00:43:35,640

that very moment she just set the energy

1094

00:43:41,900 --> 00:43:38,670

in motion she could have said I better

1095

00:43:45,200 --> 00:43:41,910

use a red a red blanket with purple

1096

00:43:46,999 --> 00:43:45,210

pillows none of that matters it's how

1097

00:43:49,519 --> 00:43:47,009

she felt about that when she made the

1098

00:43:51,769 --> 00:43:49,529

decision so you can sleep in the middle

1099

00:43:53,599 --> 00:43:51,779

of the bed but you can still have the

1100

00:43:55,430 --> 00:43:53,609

attention boy when I get a partner I

1101  
00:43:57,469 --> 00:43:55,440  
want to move over and make sure that we

1102  
00:43:59,420 --> 00:43:57,479  
can sleep in the same bed so all of

1103  
00:44:01,249 --> 00:43:59,430  
attraction doesn't know about beds and

1104  
00:44:03,680 --> 00:44:01,259  
it doesn't know where he's on the left

1105  
00:44:05,569 --> 00:44:03,690  
hand side or the right hand side but it

1106  
00:44:07,849 --> 00:44:05,579  
is responding to how you feel about

1107  
00:44:10,069 --> 00:44:07,859  
sleeping in the middle and it is

1108  
00:44:12,469 --> 00:44:10,079  
responding about how you are when you

1109  
00:44:15,229 --> 00:44:12,479  
tell yourself I'm going to allow a space

1110  
00:44:17,799 --> 00:44:15,239  
that share my bed with somebody else or

1111  
00:44:22,130 --> 00:44:17,809  
share the parking spot with two people

1112  
00:44:24,140 --> 00:44:22,140  
you understanding how how subtle this is

1113  
00:44:25,880 --> 00:44:24,150

I'm going to say this again so the law

1114

00:44:29,180 --> 00:44:25,890

of attraction isn't your responding to

1115

00:44:33,410 --> 00:44:29,190

what you're doing its responding to how

1116

00:44:36,680 --> 00:44:33,420

you feel about what you're doing I love

1117

00:44:38,329 --> 00:44:36,690

that you're consistent about there is no

1118

00:44:40,160 --> 00:44:38,339

particular way there is no particular

1119

00:44:42,170 --> 00:44:40,170

dynamic there isn't a particular

1120

00:44:45,019 --> 00:44:42,180

principle that you have that you have to

1121

00:44:46,849 --> 00:44:45,029

follow because what is makes you feel in

1122

00:44:49,640 --> 00:44:46,859

your power is the thing you know I'm

1123

00:44:51,200 --> 00:44:49,650

saying and also Michael is you talked

1124

00:44:53,120 --> 00:44:51,210

about law of attraction that you get

1125

00:44:55,430 --> 00:44:53,130

everything you asked for consciously or

1126

00:44:56,900 --> 00:44:55,440

not some people call that God the

1127

00:44:58,700 --> 00:44:56,910

unconditional Wishing Tree the all

1128

00:45:00,799 --> 00:44:58,710

loving unconditional parent that

1129

00:45:05,059 --> 00:45:00,809

everything we asked for because we are

1130

00:45:06,290 --> 00:45:05,069

so loved we get it's the same it's the

1131

00:45:07,940 --> 00:45:06,300

same model for Mike

1132

00:45:09,620 --> 00:45:07,950

it's law of attraction me being a

1133

00:45:11,270 --> 00:45:09,630

spiritual sin the dynamic in the way

1134

00:45:13,340 --> 00:45:11,280

that I am I would be doing a

1135

00:45:15,770 --> 00:45:13,350

presentation on the unconditional loving

1136

00:45:17,660 --> 00:45:15,780

God who loves you so much he will grant

1137

00:45:21,590 --> 00:45:17,670

you everywhere conscious of every level

1138

00:45:23,300 --> 00:45:21,600

or not that you are yes exactly

1139

00:45:25,940 --> 00:45:23,310

you know I traveled the world my books

1140

00:45:29,140 --> 00:45:25,950

in 37 languages I sold three million

1141

00:45:32,330 --> 00:45:29,150

copies here's the places I've spoke to

1142

00:45:36,430 --> 00:45:32,340

Salt Lake City Mormon Church New York

1143

00:45:39,530 --> 00:45:36,440

City Jewish synagogue Kuala Lumpur

1144

00:45:42,230 --> 00:45:39,540

Islamic University spiritual centers

1145

00:45:44,660 --> 00:45:42,240

unity churches science of mine

1146

00:45:47,300 --> 00:45:44,670

Catholic churches Protestant churches I

1147

00:45:49,820 --> 00:45:47,310

spoke to non-denominational centers and

1148

00:45:52,460 --> 00:45:49,830

everybody can find themselves in the

1149

00:45:55,610 --> 00:45:52,470

message of my book I deliberately didn't

1150

00:45:58,400 --> 00:45:55,620

use the word God spiritual or universe

1151  
00:46:00,200 --> 00:45:58,410  
so it includes everybody in my book and

1152  
00:46:01,400 --> 00:46:00,210  
everybody and they come up to me I

1153  
00:46:03,860 --> 00:46:01,410  
remember going to the Islamic University

1154  
00:46:05,420 --> 00:46:03,870  
and it wasn't until about twenty minutes

1155  
00:46:06,860 --> 00:46:05,430  
in that I noticed that all the men were

1156  
00:46:09,290 --> 00:46:06,870  
on the right-hand side and all the room

1157  
00:46:10,970 --> 00:46:09,300  
over on the left-hand side I was so it

1158  
00:46:13,250 --> 00:46:10,980  
was huge like five hundred students were

1159  
00:46:15,470 --> 00:46:13,260  
there and so many that came out to me

1160  
00:46:17,870 --> 00:46:15,480  
said oh this is this is so accurate this

1161  
00:46:22,550 --> 00:46:17,880  
is following the teaching of of who they

1162  
00:46:25,910 --> 00:46:22,560  
pray to even devout Christians you know

1163  
00:46:27,770 --> 00:46:25,920

what they say to me oh now we understand

1164

00:46:29,780 --> 00:46:27,780

why we attract negative things because

1165

00:46:30,820 --> 00:46:29,790

it couldn't possibly be God that would

1166

00:46:34,910 --> 00:46:30,830

do that to me

1167

00:46:36,530 --> 00:46:34,920

so they give God credit for the positive

1168

00:46:38,060 --> 00:46:36,540

things and then they give Law of

1169

00:46:42,620 --> 00:46:38,070

Attraction credit for the negative

1170

00:46:46,520 --> 00:46:42,630

things so yeah Michael tell me about

1171

00:46:52,130 --> 00:46:46,530

this magnetic board game magnetic board

1172

00:46:54,740 --> 00:46:52,140

game it's in your mother let's say read

1173

00:46:58,940 --> 00:46:54,750

it incorrectly yeah I don't have a

1174

00:47:04,340 --> 00:46:58,950

magnetic board game to number one

1175

00:47:06,590 --> 00:47:04,350

magnetic board game magnetic porking

1176  
00:47:09,380 --> 00:47:06,600  
I'll have to read my book I have no idea

1177  
00:47:11,900 --> 00:47:09,390  
what would be a heck of a board game

1178  
00:47:15,710 --> 00:47:11,910  
you put one together in fashion and sell

1179  
00:47:18,980 --> 00:47:15,720  
it to a Mattel heart magnetic board game

1180  
00:47:19,980 --> 00:47:18,990  
what page are you on I am on the second

1181  
00:47:22,050 --> 00:47:19,990  
page of your

1182  
00:47:25,560 --> 00:47:22,060  
Table of Contents er toward the bottom

1183  
00:47:27,480 --> 00:47:25,570  
and worth it say that under parents and

1184  
00:47:32,150 --> 00:47:27,490  
teachers learn how to teach the law of

1185  
00:47:39,210 --> 00:47:34,290  
isn't that funny I don't remember

1186  
00:47:46,380 --> 00:47:39,220  
calling at that love it now what I do

1187  
00:47:49,349 --> 00:47:46,390  
teach is oh I know where that's

1188  
00:47:50,940 --> 00:47:49,359

referring to yeah I've haven't I did it

1189

00:47:53,250 --> 00:47:50,950

with stickies not magnets I don't know

1190

00:47:54,660 --> 00:47:53,260

how that name got changed so you know

1191

00:47:56,370 --> 00:47:54,670

this is teaching law of attraction to

1192

00:47:57,359 --> 00:47:56,380

children you don't have to

1193

00:47:58,890 --> 00:47:57,369

overcomplicate it

1194

00:47:59,970 --> 00:47:58,900

they don't need to know about desiring

1195

00:48:01,770 --> 00:47:59,980

because they're already good at that

1196

00:48:04,020 --> 00:48:01,780

they don't need to know about allowing

1197

00:48:05,579 --> 00:48:04,030

they're already good at that you know

1198

00:48:07,349 --> 00:48:05,589

the younger you are the less doubt you

1199

00:48:10,050 --> 00:48:07,359

have that's why children manifest fast

1200

00:48:12,690 --> 00:48:10,060

so the magnetic board game would be

1201  
00:48:15,510 --> 00:48:12,700  
taking 3 3 yellow stickies with the

1202  
00:48:17,280 --> 00:48:15,520  
words don't not and no and training your

1203  
00:48:19,890 --> 00:48:17,290  
children that every time they use those

1204  
00:48:23,280 --> 00:48:19,900  
words that they're giving a negative

1205  
00:48:24,720 --> 00:48:23,290  
vibration so I also talked about in the

1206  
00:48:26,940 --> 00:48:24,730  
book about how to say you have two

1207  
00:48:28,980 --> 00:48:26,950  
children and you're going to take 4 jars

1208  
00:48:31,220 --> 00:48:28,990  
- for the parents and - for the children

1209  
00:48:33,990 --> 00:48:31,230  
and you can start off by putting maybe

1210  
00:48:36,990 --> 00:48:34,000  
five four quarters and everybody's jar

1211  
00:48:39,000 --> 00:48:37,000  
and every time you catch mom or dad use

1212  
00:48:41,760 --> 00:48:39,010  
the word don't not a--not whoever

1213  
00:48:44,130 --> 00:48:41,770

catches them gets to take a quarter out

1214

00:48:47,490 --> 00:48:44,140

of their jar and put it in their own I

1215

00:48:50,099 --> 00:48:47,500

like you can about never use the word

1216

00:48:52,380 --> 00:48:50,109

don't not and no again and they'll be

1217

00:48:54,000 --> 00:48:52,390

sitting at your at your foot at your

1218

00:48:56,460 --> 00:48:54,010

feet waiting for you to use the word

1219

00:48:57,720 --> 00:48:56,470

don't not and no so it's that's all you

1220

00:49:01,050 --> 00:48:57,730

need to teach the children just

1221

00:49:03,060 --> 00:49:01,060

eliminate the words don't not and no one

1222

00:49:05,640 --> 00:49:03,070

time I went to a junior high senior

1223

00:49:07,530 --> 00:49:05,650

hobbit younger like grade 1 2 3 and I

1224

00:49:09,720 --> 00:49:07,540

taught them that and then they went

1225

00:49:12,030 --> 00:49:09,730

around the room and found all the signs

1226

00:49:14,940 --> 00:49:12,040

that had the word don't not and no one

1227

00:49:18,150 --> 00:49:14,950

of them was big sign don't eat food at

1228

00:49:21,060 --> 00:49:18,160

your desk so they rewrote the sign to

1229

00:49:21,810 --> 00:49:21,070

say eat the food in the lunchroom at the

1230

00:49:24,210 --> 00:49:21,820

back of the room

1231

00:49:26,790 --> 00:49:24,220

don't leave your coats on the floor they

1232

00:49:28,410 --> 00:49:26,800

change that you know don't leave the

1233

00:49:30,660 --> 00:49:28,420

sink messy where they used to wash their

1234

00:49:32,770 --> 00:49:30,670

hands all over the classroom was all the

1235

00:49:35,140 --> 00:49:32,780

signs that said don't not a No

1236

00:49:37,030 --> 00:49:35,150

and the kids themselves that's between

1237

00:49:37,480 --> 00:49:37,040

the ages of probably six and seven and

1238

00:49:40,510 --> 00:49:37,490

eight

1239

00:49:43,120 --> 00:49:40,520

they re language all the signs after

1240

00:49:45,730 --> 00:49:43,130

being taught for four minutes about the

1241

00:49:47,380 --> 00:49:45,740

words don't not and no now I'm sure they

1242

00:49:49,060 --> 00:49:47,390

went home I create little monsters when

1243

00:49:50,350 --> 00:49:49,070

they get home and we're telling you

1244

00:49:53,080 --> 00:49:50,360

you're not supposed to easy way don't

1245

00:49:55,480 --> 00:49:53,090

not and no but kids reply to this easily

1246

00:49:58,120 --> 00:49:55,490

and the little game about the words

1247

00:50:02,410 --> 00:49:58,130

don't not and no we're really helpful

1248

00:50:05,020 --> 00:50:02,420

teaching them doc Daniel is talking in

1249

00:50:07,390 --> 00:50:05,030

chat room he said in magnets opposites

1250

00:50:09,820 --> 00:50:07,400

attract alike repel you know that'd be a

1251

00:50:12,460 --> 00:50:09,830

great idea Michael for a board game with

1252

00:50:14,590 --> 00:50:12,470

magnets and [h\_\_h] you can present this

1253

00:50:16,900 --> 00:50:14,600

wonderful principle and model to

1254

00:50:18,550 --> 00:50:16,910

children who like playing such more even

1255

00:50:21,370 --> 00:50:18,560

adults I mean adults like to be kids

1256

00:50:26,350 --> 00:50:21,380

once in a while yeah you can maybe make

1257

00:50:28,600 --> 00:50:26,360

a bank on that yeah you know when people

1258

00:50:31,630 --> 00:50:28,610

say opposites attract they don't mean

1259

00:50:32,320 --> 00:50:31,640

vibrational opposites they mean physical

1260

00:50:35,080 --> 00:50:32,330

opposites

1261

00:50:37,930 --> 00:50:35,090

a tall man might like a short woman or a

1262

00:50:40,660 --> 00:50:37,940

chubby women might like a thin man like

1263

00:50:42,790 --> 00:50:40,670

those kind of opposites attract but if

1264

00:50:45,010 --> 00:50:42,800

you are not on the same vibration then

1265

00:50:46,690 --> 00:50:45,020

you're not vibrationally attracted so I

1266

00:50:48,820 --> 00:50:46,700

just like to put that out there I said I

1267

00:50:51,280 --> 00:50:48,830

thought opposites attract not opposite

1268

00:50:53,080 --> 00:50:51,290

vibrations and if they are drawn to each

1269

00:50:55,000 --> 00:50:53,090

other they're always in conflict so

1270

00:50:58,210 --> 00:50:55,010

that's not attraction to me it's not

1271

00:51:01,710 --> 00:50:58,220

vibrational harmony to in my world so

1272

00:51:04,780 --> 00:51:01,720

Michael for someone who is new to this

1273

00:51:06,970 --> 00:51:04,790

way of thought way of being way of

1274

00:51:09,100 --> 00:51:06,980

seeing what would be the first thing

1275

00:51:10,870 --> 00:51:09,110

that you would offer them so they can

1276

00:51:12,580 --> 00:51:10,880

move the move it to this you know

1277

00:51:14,950 --> 00:51:12,590

seamlessly or as seamlessly as possible

1278

00:51:17,920 --> 00:51:14,960

and no hiccups what you say is that

1279

00:51:20,290 --> 00:51:17,930

don't not know begin to look at the this

1280

00:51:22,540 --> 00:51:20,300

particular structure of what the

1281

00:51:24,370 --> 00:51:22,550

unconscious trip that's a script that's

1282

00:51:26,380 --> 00:51:24,380

running in the back that's right

1283

00:51:28,180 --> 00:51:26,390

you know on my website hang out with

1284

00:51:29,890 --> 00:51:28,190

Michael calm I have a free course it's

1285

00:51:31,840 --> 00:51:29,900

called I'm new to law of attraction

1286

00:51:33,520 --> 00:51:31,850

where do I get started and it's exactly

1287

00:51:35,950 --> 00:51:33,530

what we talked about today it's the

1288

00:51:38,440 --> 00:51:35,960

don't not and no so to help burn the

1289

00:51:40,960 --> 00:51:38,450

image into people's minds if they could

1290

00:51:43,480 --> 00:51:40,970

on a piece of paper draw the circle the

1291

00:51:45,670 --> 00:51:43,490

size of a golf ball and inside of it

1292

00:51:48,160 --> 00:51:45,680

write the words don't not know

1293

00:51:49,839 --> 00:51:48,170

and then draw the International do not

1294

00:51:52,900 --> 00:51:49,849

use symbol through it like a no-smoking

1295

00:51:55,210 --> 00:51:52,910

symbol and now burn the image of don't

1296

00:51:56,829 --> 00:51:55,220

not and no and every time they use the

1297

00:51:58,720 --> 00:51:56,839

word don't not and no they just gave

1298

00:52:00,549 --> 00:51:58,730

attention energy and focus to what they

1299

00:52:02,620 --> 00:52:00,559

didn't want and when they hear

1300

00:52:05,950 --> 00:52:02,630

themselves using the word don't not a no

1301  
00:52:08,019 --> 00:52:05,960  
they cannot not hear my voice say so

1302  
00:52:09,760 --> 00:52:08,029  
what do you want and when you go from

1303  
00:52:11,620 --> 00:52:09,770  
what you don't want to what you do want

1304  
00:52:13,660 --> 00:52:11,630  
the words change the vibes change when

1305  
00:52:15,970 --> 00:52:13,670  
the vibes change the results change and

1306  
00:52:18,549 --> 00:52:15,980  
before you know it after a few days of

1307  
00:52:20,890 --> 00:52:18,559  
practice you'll think about saying the

1308  
00:52:22,809 --> 00:52:20,900  
word don't not and no and you'll convert

1309  
00:52:25,569 --> 00:52:22,819  
it inside your head before you say it

1310  
00:52:27,579 --> 00:52:25,579  
out loud and to me that'll be graduation

1311  
00:52:29,490 --> 00:52:27,589  
when you say I almost said what I didn't

1312  
00:52:31,900 --> 00:52:29,500  
want because it's a learned behavior

1313  
00:52:33,430 --> 00:52:31,910

most people are saying at a higher D

1314

00:52:34,750 --> 00:52:33,440

that you mentioned Michael that would be

1315

00:52:36,490 --> 00:52:34,760

the clarity that you mentioned that

1316

00:52:39,609 --> 00:52:36,500

there is a feeling associated with that

1317

00:52:40,960 --> 00:52:39,619

aha that quick I got it there's a space

1318

00:52:43,779 --> 00:52:40,970

of clarity and therefore is a feeling

1319

00:52:45,510 --> 00:52:43,789

almost a good boy a good little girl

1320

00:52:47,620 --> 00:52:45,520

kind of feeling you know what I did well

1321

00:52:49,150 --> 00:52:47,630

yeah as soon as you go from what you

1322

00:52:51,370 --> 00:52:49,160

don't want to what you do want you just

1323

00:52:53,200 --> 00:52:51,380

identified the clarity and the clarity

1324

00:52:54,940 --> 00:52:53,210

just birthed the vibration is set the

1325

00:52:56,200 --> 00:52:54,950

energy and most of it here you know

1326

00:52:58,329 --> 00:52:56,210

there is a time that we've been using

1327

00:53:01,029 --> 00:52:58,339

clarity through contrast without knowing

1328

00:53:03,339 --> 00:53:01,039

it and it's when we throw a snit said

1329

00:53:05,680 --> 00:53:03,349

well that's it that's the last time

1330

00:53:08,380 --> 00:53:05,690

somebody's treating me that way to hear

1331

00:53:12,760 --> 00:53:08,390

the contrast here's the clarity from now

1332

00:53:15,069 --> 00:53:12,770

on I'm gonna expect something different

1333

00:53:17,559 --> 00:53:15,079

so that's clarity through contrast you

1334

00:53:19,000 --> 00:53:17,569

see how you got the clarity well that's

1335

00:53:21,099 --> 00:53:19,010

the last time somebody's treating me

1336

00:53:23,950 --> 00:53:21,109

that way from now on this is what I'm

1337

00:53:25,930 --> 00:53:23,960

going to insist on and boy that clarity

1338

00:53:29,230 --> 00:53:25,940

and also that decision because we don't

1339

00:53:31,900 --> 00:53:29,240

decide very often I think if we were to

1340

00:53:36,099 --> 00:53:31,910

descript every word we've ever said we

1341

00:53:39,279 --> 00:53:36,109

hardly say this I've decided we hardly

1342

00:53:41,410 --> 00:53:39,289

ever say I've decided because when you

1343

00:53:44,230 --> 00:53:41,420

decide boy you can feel it in your chest

1344

00:53:47,019 --> 00:53:44,240

it's like I've decided and as soon as

1345

00:53:50,410 --> 00:53:47,029

you say that boy you just set the energy

1346

00:53:53,079 --> 00:53:50,420

in motion so decide more often make that

1347

00:53:57,079 --> 00:53:53,089

declaration deciding is not an

1348

00:54:03,829 --> 00:53:58,789

what's coming down the pike for you sir

1349

00:54:07,249 --> 00:54:03,839

oh I've got lots of great things I'm I'm

1350

00:54:09,109 --> 00:54:07,259

doing my I do with a 2-day certified lob

1351  
00:54:13,009 --> 00:54:09,119  
retraction facilitator program I've

1352  
00:54:16,159 --> 00:54:13,019  
certified 447 facilitators in 17

1353  
00:54:19,130 --> 00:54:16,169  
countries in 12 languages and I have one

1354  
00:54:20,959 --> 00:54:19,140  
coming up in Las Vegas and may you go to

1355  
00:54:24,949 --> 00:54:20,969  
my website hang out with Michael Kahn to

1356  
00:54:26,719 --> 00:54:24,959  
learn about that and yeah I've got lots

1357  
00:54:28,880 --> 00:54:26,729  
of great projects I'm a workhorse

1358  
00:54:32,239 --> 00:54:28,890  
I've always got something going on you

1359  
00:54:34,579 --> 00:54:32,249  
know you and I are like that way I love

1360  
00:54:37,459 --> 00:54:34,589  
what I do so much so there are not

1361  
00:54:39,079 --> 00:54:37,469  
enough hours in a day so I need to get

1362  
00:54:41,569 --> 00:54:39,089  
out of the fact that they're not or not

1363  
00:54:43,549 --> 00:54:41,579

enough hours a day and turn my focus to

1364

00:54:46,909 --> 00:54:43,559

eternal time and then I can live off a

1365

00:54:47,959 --> 00:54:46,919

one not need sleep all right so we got

1366

00:54:49,189 --> 00:54:47,969

about a couple minutes do you have a

1367

00:54:50,989 --> 00:54:49,199

final thought you'd like to leave I

1368

00:54:52,849 --> 00:54:50,999

understand ones by the way powerful

1369

00:54:54,199 --> 00:54:52,859

delivery tonight sir I really enjoyed

1370

00:54:55,459 --> 00:54:54,209

your presentation here in center left

1371

00:54:57,409 --> 00:54:55,469

center light rating your presence as

1372

00:55:03,259 --> 00:54:57,419

well thank you I appreciate your

1373

00:55:04,699 --> 00:55:03,269

appreciation so I think what's important

1374

00:55:06,679 --> 00:55:04,709

to know is I'm well I'm gonna start

1375

00:55:08,089 --> 00:55:06,689

summarize it in five words everything

1376

00:55:10,669 --> 00:55:08,099

you heard me say I can do it in five

1377

00:55:12,769 --> 00:55:10,679

words but I could have come on and said

1378

00:55:15,189 --> 00:55:12,779

the five words but say yes if it was

1379

00:55:18,620 --> 00:55:15,199

more fun to have the 4550 minute version

1380

00:55:23,229 --> 00:55:18,630

it was here's everything that we just

1381

00:55:26,269 --> 00:55:23,239

talked about you get what you fibrate

1382

00:55:29,439 --> 00:55:26,279

period you don't always get what you

1383

00:55:33,799 --> 00:55:29,449

want but you always get what you vibrate

1384

00:55:36,349 --> 00:55:33,809

so be a more deliberate vibrator be more

1385

00:55:38,929 --> 00:55:36,359

a deliberate attractor and remember that

1386

00:55:42,409 --> 00:55:38,939

law of attractions already on you don't

1387

00:55:44,419 --> 00:55:42,419

have to turn it on it's already on so be

1388

00:55:46,189 --> 00:55:44,429

more deliberate about the vibration that

1389

00:55:48,679 --> 00:55:46,199

you're including in your vibrational

1390

00:55:51,049 --> 00:55:48,689

bubble and watch law of attraction

1391

00:55:53,209 --> 00:55:51,059

unfold and orchestrate that what you

1392

00:55:54,890 --> 00:55:53,219

gave attention to and if you're

1393

00:55:56,449 --> 00:55:54,900

attracting something you don't like what

1394

00:55:59,569 --> 00:55:56,459

you're getting know that you've got a

1395

00:56:02,029 --> 00:55:59,579

reset button and know that you can reset

1396

00:56:04,669 --> 00:56:02,039

your results by resetting your vibes and

1397

00:56:07,429 --> 00:56:04,679

you reset your vibes by resetting your

1398

00:56:09,289 --> 00:56:07,439

thoughts and you reset your thoughts by

1399

00:56:10,430 --> 00:56:09,299

reducing and eliminating the words don't

1400

00:56:14,089 --> 00:56:10,440

not and know

1401  
00:56:19,400 --> 00:56:14,099  
by using the reset sentence so what do i

1402  
00:56:21,710 --> 00:56:19,410  
want michael lizi a thank you again sir

1403  
00:56:24,650 --> 00:56:21,720  
powerful broadcast that doors open to

1404  
00:56:25,370 --> 00:56:24,660  
you anytime sir thank you everyone mr.

1405  
00:56:30,559 --> 00:56:25,380  
michael oza

1406  
00:56:33,710 --> 00:56:30,569  
michael lizi a mi CH AE I lo CA II s IE

1407  
00:56:36,230 --> 00:56:33,720  
or comm is how you find out more about

1408  
00:56:37,069 --> 00:56:36,240  
this phenomenal gifts in as well and it

1409  
00:56:38,630 --> 00:56:37,079  
works ideas

1410  
00:56:41,960 --> 00:56:38,640  
Mikey you know how many books have now

1411  
00:56:43,789 --> 00:56:41,970  
sir I have three an NLP book and my

1412  
00:56:46,609 --> 00:56:43,799  
recent book is called your life's

1413  
00:56:48,160 --> 00:56:46,619

purpose it came out in June and it's

1414

00:56:50,240 --> 00:56:48,170

doing well it's really helping people

1415

00:56:52,370 --> 00:56:50,250

uncover what the purpose of their life

1416

00:56:55,510 --> 00:56:52,380

is which I already know what they're

1417

00:56:57,140 --> 00:56:55,520

really uncovering is what fulfills them

1418

00:56:59,329 --> 00:56:57,150

thank you sir

1419

00:57:01,010 --> 00:56:59,339

please come back everyone mr. Michael

1420

00:57:02,839 --> 00:57:01,020

Jose what a phenomenal guest next week o

1421

00:57:08,349 --> 00:57:02,849

sinner of light radio and my guest is

1422

00:57:14,510 --> 00:57:11,720

she's a powerfully she you've seen her

1423

00:57:18,470 --> 00:57:14,520

social media many many times

1424

00:57:21,470 --> 00:57:18,480

her name is Jane Elliott she is into the

1425

00:57:24,470 --> 00:57:21,480

unity living trying to help everyone

1426

00:57:26,390 --> 00:57:24,480

unify all this racial stuff that's going

1427

00:57:28,519 --> 00:57:26,400

around make sure you hear for this

1428

00:57:29,720 --> 00:57:28,529

powerful powerful show keep the Anthony

1429

00:57:31,069 --> 00:57:29,730

Blanchett peace loving light to you

1430

00:57:32,510 --> 00:57:31,079

remember every night we have nothing to

1431

00:57:34,430 --> 00:57:32,520

do it lay down keep breathing

1432

00:57:35,660 --> 00:57:34,440

breathe like you really wanting

1433

00:57:37,940 --> 00:57:35,670

something beyond your own understanding

1434

00:57:39,620 --> 00:57:37,950

something beyond the scope of what you

1435

00:57:40,940 --> 00:57:39,630

have always known as you and when you

1436

00:57:43,099 --> 00:57:40,950

breathe yourself through the ceiling of

1437

00:57:44,930 --> 00:57:43,109

that thinking room there's a definite

1438

00:57:47,390 --> 00:57:44,940

profound silence a in that silence is

1439

00:57:49,849 --> 00:57:47,400

everything everything everything you can

1440

00:57:50,570 --> 00:57:49,859

possibly imagine peace love and light to

1441

00:57:50,930 --> 00:57:50,580

you